

# EUROPEAN PUBLIC HEALTH WEEK 22-26 MAY 2023

## LIST OF EVENTS REGISTERED BY MEMBERS OF BULGARIAN PUBLIC HEALTH ASSOCIATION

### 1. HW9 - Student Conference (*South-West University Neofit Rilski*)

- Date / theme:** Monday 22 May - Mental health for all
- Time:** 9h00 until 15h00 (GMT+02:00) Sofia (*organisers' local time*)  
(*please check your equivalent time zone [here!](#)*)
- Event type:** Conference
- Event format:** In-person
- Description:** The Faculty of Public Health, Health Care and Sport will organise its annual Student Conference as part of the events in the European Public Health Week. Students will present their research. The audience will consist of students and professionals in the field of health and sport.
- Hosting country:** Bulgaria
- Specific location(s):** University center "Bachinovo" - Blagoevgrad
- Language(s):** Bulgarian
- Reach:** Local
- Organisers:** South-West University Neofit Rilski

**For registration and further information please contact the event organisers directly:**

Website: <https://www.swu.bg/bg/>

Contact email: [anna\\_andreeva@swu.bg](mailto:anna_andreeva@swu.bg)

Contact info: Anna Andreeva

Social media: <https://www.facebook.com/profile.php?id100057272807282>

### 2. HW10 - How to tackle the physical inactivity epidemic (*Faculty of Public Health, Health Care and Sports, South-West University "Neofit Rilski"*)

- Date / theme:** Thursday 25 May - Prevention and control of chronic diseases
- Time:** 9h00 until 17h00 (GMT+02:00) Sofia (*organisers' local time*)  
(*please check your equivalent time zone [here!](#)*)
- Event type:** Campaign
- Event format:** In-person
- Description:** The aim of the upcoming campaign is to carry out a screening study of body composition and an analysis of physical capabilities in persons of different ages. The population will also be informed about the harm of immobilization, as well as guidelines for dealing with it and improving the physical condition according to the age and interests of the participants.
- Hosting country:** Bulgaria
- Specific location(s):** South-West University, Department of Kinesitherapy, Educational building #8, Ivan Mihailov; 60 str., Blagoevgrad, Bulgaria

**Language(s):** Bulgarian and English  
**Reach:** Local  
**Organisers:** Faculty of Public Health, Health Care and Sports, South-West University  
“Neofit Rilski”

**For registration and further information please contact the event organisers directly:**

Website: <https://www.swu.bg/bg/>  
Contact email: [miglena\\_tsvetkova@abv.bg](mailto:miglena_tsvetkova@abv.bg)  
Contact info: Department of Kinesitherapy  
Social media: <https://www.facebook.com/groups/154553266557006>,  
<https://www.facebook.com/profile.php?id100057272807282>

**3. HW11 - Behavioural science and chronic diseases (*Faculty of Public Health, Health Care and Sports, South-West University “Neofit Rilski”*)**

**Date / theme:** Thursday 25 May - Prevention and control of chronic diseases  
**Time:** 9h00 until 13h00 (GMT+02:00) Sofia (*organisers' local time*)  
(*please check your equivalent time zone [here!](#)*)  
**Event type:** Campaign  
**Event format:** In-person  
**Description:** Assessment of feet condition and prevention of flat feet as a prerequisite for incorrect posture and chronic pain in the musculoskeletal system.  
**Hosting country:** Bulgaria  
**Specific location(s):** South-West University; Neofit Rilski 34; Department of Kinesitherapy, Educational building 8, Ivan Mihailov 34; 60str., Blagoevgrad, Bulgaria  
**Language(s):** Bulgarian and English  
**Reach:** Local  
**Organisers:** Faculty of Public Health, Health Care and Sports, South-West University  
“Neofit Rilski”

**For registration and further information please contact the event organisers directly:**

Website: <https://www.swu.bg/bg/>  
Contact email: [miglena\\_tsvetkova@abv.bg](mailto:miglena_tsvetkova@abv.bg)  
Contact info: Department of Kinesitherapy, SWU; Neofit Rilski  
Social media: <https://www.facebook.com/profile.php?id100057272807282>

**4. HW12 - Managing diabetes; Self-management education on diabetes (*MU-Plovdiv, Faculty of Public Health*)**

**Date / theme:** Thursday 25 May - Prevention and control of chronic diseases  
**Time:** 8h00 until 10h00 (GMT+02:00) Sofia (*organisers' local time*)  
(*please check your equivalent time zone [here!](#)*)  
**Event type:** Lecture  
**Event format:** In-person

**Description:** The event aims to target Bulgarian population that are interested in improving knowledges on diabetes management. Practical activities with demonstration of injection techniques and meal plans are included.

**Hosting country:** Bulgaria

**Specific location(s):** Plovdiv, Peshtersko shose 66

**Language(s):** Bulgarian

**Reach:** Local

**Organisers:** MU-Plovdiv, Faculty of Public Health

**For registration and further information please contact the event organisers directly:**

Contact email: [ivanova.svetla@abv.bg](mailto:ivanova.svetla@abv.bg)

Contact info: Svetla Ivanova

**5. HW16 - Presenting project results on adolescents' mental health (Medical University of Plovdiv, Faculty of Public Health, Department of Nursing Care)**

**Date / theme:** Monday 22 May - Mental health for all

**Time:** 14h30 until 15h15 (GMT+02:00) Sofia (*organisers' local time*)  
(*please check your equivalent time zone [here!](#)*)

**Event type:** Lecture

**Event format:** In-person

**Description:** This event is organized by Assoc. Prof. Gergana Petrova, PhD, member of BPHA. Its aim is to introduce third-year nursing students to the descriptive results achieved by an Erasmus+ project Well@School in which Medical University of Plovdiv participates as a partner. The project leader is the University of Turku.

**Hosting country:** Bulgaria

**Specific location(s):** Plovdiv, Bulgaria, Medical College at Medical University of Plovdiv, 4 Hall

**Language(s):** Bulgarian

**Reach:** Local

**Organisers:** Medical University of Plovdiv, Faculty of Public Health, Department of Nursing Care

**For registration and further information please contact the event organisers directly:**

Contact email: [gkpg21@yahoo.com](mailto:gkpg21@yahoo.com)

Contact info: Gergana Petrova, PhD E-mail: [gergana.petrova@mu-plovdiv.bg](mailto:gergana.petrova@mu-plovdiv.bg)

**6. HW17 - Mental health and well-being of children (Medical University of Plovdiv, Faculty of Public Health, Department of Nursing Care)**

**Date / theme:** Monday 22 May - Mental health for all

**Time:** 15h30 until 16h15 (GMT+02:00) Sofia (*organisers' local time*)  
(*please check your equivalent time zone [here!](#)*)

**Event type:** Lecture

**Event format:** In-person

**Description:** This event is organized by Assoc. Prof. Gergana Petrova, PhD, member of BPHA. Its aim is to introduce third-year nursing students to the positive results achieved by an Erasmus+ project Safe4Child in which Medical University of Plovdiv participates as a partner. The project leader is the University of Turku.

**Hosting country:** Bulgaria

**Specific location(s):** Plovdiv, Bulgaria, Medical College of Medical University Plovdiv, 4 Hall

**Language(s):** Bulgarian

**Reach:** Local

**Organisers:** Medical University of Plovdiv, Faculty of Public Health, Department of Nursing Care

**For registration and further information please contact the event organisers directly:**

Contact email: [gkpg21@yahoo.com](mailto:gkpg21@yahoo.com)

Contact info: Gergana Petrova, PhD; E-mail: [gergana.petrova@mu-plovdiv.bg](mailto:gergana.petrova@mu-plovdiv.bg)

**7. HW18 - Mental Health promotion for children and adolescents (*Medical University of Plovdiv, Faculty of Public Health, Department of Nursing Care*)**

**Date / theme:** Monday 22 May - Mental health for all

**Time:** 16h45 until 17h15 (GMT+02:00) Sofia (*organisers' local time*)  
(*please check your equivalent time zone [here!](#)*)

**Event type:** Lecture

**Event format:** In-person

**Description:** This event is organized by Assoc. Prof. Gergana Petrova, PhD, member of BPHA. Its aim is to introduce third-year nursing students to the positive results achieved by an Erasmus+ projects Well@School and Safe4Child in which Medical University of Plovdiv participates as a partner. The project leader is the University of Turku, Finland.

**Hosting country:** Bulgaria

**Specific location(s):** Plovdiv, Bulgaria, Medical College of Medical University Plovdiv, 4 Hall

**Language(s):** Bulgarian

**Reach:** Local

**Organisers:** Medical University of Plovdiv, Faculty of Public Health, Department of Nursing Care

**For registration and further information please contact the event organisers directly:**

Contact email: [gkpg21@yahoo.com](mailto:gkpg21@yahoo.com)

Contact info: Gergana Petrova, PhD, E-mail: [gergana.petrova@mu-plovdiv.bg](mailto:gergana.petrova@mu-plovdiv.bg)

**8. HW19 - Management of time and mental health (*MU-Pleven, Faculty of Public Health*)**

**Date / theme:** Monday 22 May - Mental health for all

**Time:** 10h00 until 11h30 (GMT+02:00) Sofia (*organisers' local time*)  
(*please check your equivalent time zone [here!](#)*)

**Event type:** Webinar  
**Event format:** Online only  
**Description:** It's a Management Health Care webinar for healthcare professionals (20 students). The content is directed to the personal budget of time and the mental health of health care workers. The aim is to discuss priority of the balance between private and professional life and value of the personal example.  
**Hosting country:** Bulgaria  
**Specific location(s):** <https://b18.mu-pleven.bg/html5client/join?sessionToken6pktxog9idirevya>  
**Language(s):** Bulgarian  
**Reach:** Local  
**Organisers:** MU-Pleven, Faculty of Public Health  
**For registration and further information please contact the event organisers directly:**

Website: <http://www.mu-pleven.bg/index.php/bg/>

Contact email: [makreta\\_99@yahoo.com](mailto:makreta_99@yahoo.com)

Contact info: Makreta Draganova, Milena Saleva

**9. HW22 - Sport, Physical Activity and Mental Health (*Medical University of Pleven, Faculty of Public Health, Department of Physical Medicine, Rehabilitation, Occupational Therapy and Sports, Bulgarian Public Health Association*)**

**Date / theme:** Monday 22 May - Mental health for all  
**Time:** 17:00 until 18:30 (GMT+02:00) Sofia (*organisers' local time*)  
(*please check your equivalent time zone [here!](#)*)  
**Event type:** Game, Walk  
**Event format:** In-person  
**Description:** Description: Tournaments in Basketball, Volleyball, Table tennis, Shotokan Karate, Tabata will be organised with the students from different specialties at the Medical University of Pleven. The event will be finalized with Folk dances for all participants.  
**Hosting country:** Bulgaria  
**Specific location(s):** Medical University of Pleven, Faculty of Public Health, Department of Physical Medicine, Rehabilitation, Occupational Therapy and Sports  
**Language(s):** Bulgarian  
**Reach:** Local  
**Organisers:** Medical University of Pleven, Faculty of Public Health, Department of Physical Medicine, Rehabilitation, Occupational Therapy and Sports: Nina Mihailova, Iskra Ilieva, Iliyan Ilchev, Tanya Megova, Rostislav Kostov, Milena Kirnikolova, Kaloqn Monov, Petar Popov, Hristo Genov, Svetoslav Rachkov, Delyan Demirev, Biliana Angelova , Bulgarian Public Health Association

**For registration and further information please contact the event organisers directly:**

Website: [https://www.facebook.com/mu.pleven.bg?localebg\\_BG](https://www.facebook.com/mu.pleven.bg?localebg_BG)

Contact email: [is\\_ilieva5@abv.bg](mailto:is_ilieva5@abv.bg)

Contact info: Iskra Ilieva

Social media: [https://www.facebook.com/mu.pleven.bg?localebg\\_BG](https://www.facebook.com/mu.pleven.bg?localebg_BG);

[https://www.facebook.com/sportsector.mupleven?localebg\\_BG](https://www.facebook.com/sportsector.mupleven?localebg_BG);

<https://www.facebook.com/profile.php?id100036867175009>

### **10. HW27 - Discussion about Management of Sexually Transmitted Infections (Trakia University)**

**Date / theme:** Tuesday 23 May - Diversity in health

**Time:** 11h30 until 13h00 (GMT+02:00) Sofia (*organisers' local time*)  
(*please check your equivalent time zone [here!](#)*)

**Event type:** Roundtable discussion

**Event format:** In-person

**Description:** Every day 1 million people become infected with sexually transmitted infections, having dramatic effects on health, economic growth and lifestyles worldwide. The overall complex approach to patients with sexually transmitted infections is based on three main pillars: prevention, therapy and monitoring. Discussion about review of official documents about STI management; case studies from clinical practice-two cases with syphilis and one with chlamydia infection - working with the patients docume

**Hosting country:** Bulgaria

**Specific location(s):** Stara Zagora, Armeyska 11 Str, Department of Social Medicine, Health Managemen and Disaster Medicine, Medical Faculty, Trakia University of Stara Zag

**Language(s):** Bulgarian

**Reach:** Local

**Organisers:** Trakia University

**For registration and further information please contact the event organisers directly:**

Contact email: [rayna.gardeva@trakia-uni.bg](mailto:rayna.gardeva@trakia-uni.bg)

Contact info: Boryana Parashkevova

### **11. HW28 - Opening the EUPHW 2023 in Bulgaria on National radio Horizont (Bulgarian Public Health Association - Gena Grancharova and Silviya Yankulovska; Bulgarian National Radio Programme Horizont, presented by Pleven correspondent Mrs Latinka Svetozarova)**

**Date / theme:** Monday 22 May - Mental health for all

**Time:** 8h00 until 8h15 (GMT+02:00) Sofia (*organisers' local time*)  
(*please check your equivalent time zone [here!](#)*)

**Event type:** Interview with live streaming

**Event format:** In-person with live streaming

**Description:** This event is an interview with the two members of the Governing Board of Bulgarian Public Health Association Assoc. prof. Gena Grancharova and Prof. Silviya Yankulovska. The interview will be broadcasted as news on BNRadio Programme Horizont. It will serve as an official opening of the EUPHW 2023 in Bulgaria and will underline the role of public health, the logo, the 5-day themes and will describe shortly the main events of BPHA in EUPHW 2023.

**Hosting country:** Bulgaria

**Specific location(s):** <https://bnr.bg/horizont>

**Language(s):** Bulgarian

**Reach:** National

**Organisers:** Bulgarian Public Health Association - Gena Grancharova and Silviya Yankulovska; Bulgarian National Radio Programme Horizont, presented by Pleven correspondent Mrs Latinka Svetozarova

**For registration and further information please contact the event organisers directly:**

Website: <https://bnr.bg/horizont>

Contact email: [gena\\_grancharova@hotmail.com](mailto:gena_grancharova@hotmail.com)

Contact info: Assoc. Prof. Gena Grancharova; Prof. Silviya Yankulovska

Social media: BPHA website: <https://baoz.bg/index.php/bg/>

**12. [HW29 - Requirement for medicosocial rehabilitation during impaired locomotion](#) (*assoc. prof. Iskra Petkova; assoc. prof. Danelina Vacheva; Medical University-Pleven, Bulgaria, members of BPHA*)**

**Date / theme:** Tuesday 23 May - Diversity in health

**Time:** 11:00 until 11:45 (GMT+02:00) Sofia (*organisers' local time*)  
(*please check your equivalent time zone [here!](#)*)

**Event type:** Lecture

**Event format:** Online only

**Description:** Asking the question related to the need for medicosocial rehabilitation in patients with impaired or difficult ability to move on surface - walking with or without aids. Attention will be paid to issues related to: physical activity; the ability to perform activities of daily living; opportunity to perform social activities; possibility of using transport; emotional states in the conditions of anxiety. Emphasis is placed on activities to improve the social functioning of the individual.

**Hosting country:** Bulgaria

**Specific location(s):** <https://bbb2.mu-pleven.bg/b/mu--3d3-yto-fgo>

**Language(s):** Bulgarian

**Reach:** Local

**Organisers:** assoc. prof. Iskra Petkova; assoc. prof. Danelina Vacheva; Medical University-Pleven, Bulgaria, members of BPHA

**For registration and further information please contact the event organisers directly:**

Contact email: [petkovai@abv.bg](mailto:petkovai@abv.bg)

Contact info: Iskra Petkova

**13. HW30 - Prevention of ischemic heart disease (MU-Plovdiv-Faculty of Public Health)**

**Date:** Thursday 25 May - Prevention and control of chronic diseases

**Time:** 12h30 until 13h30 (GMT+02:00) Sofia (*organisers' local time*)  
(*please check your equivalent time zone [here!](#)*)

**Type:** Lecture

**Format:** Online only

**Descriptor:** The present lecture is aimed at populations subjected to high levels of stress, immobility and unhealthy diet - some of the risk factors for Ischemic Heart Disease. The topic covers issues related to primary prevention, as well as prevention of subsequent complications in patients who have already been diagnosed.

**Country:** Bulgaria

**Specific location:** [https://teams.microsoft.com/l/meetup-join/19%3aMLR3ruN7bhQN\\_9phYFutG0YpxxvEH0XnSqao0T4UK6Q1%40thread.tacv2/1680864529819?context%7b%22Tid%22%3a%22398](https://teams.microsoft.com/l/meetup-join/19%3aMLR3ruN7bhQN_9phYFutG0YpxxvEH0XnSqao0T4UK6Q1%40thread.tacv2/1680864529819?context%7b%22Tid%22%3a%22398)

**Language:** Bulgarian

**Reach:** Local

**Organisers:** MU-Plovdiv-Faculty of Public Health

**For registration and further information please contact the event organisers directly:**

Contact email: [dvishnevaska@yahoo.com](mailto:dvishnevaska@yahoo.com)

Contact info: Daniela Kantareva

**14. HW37 - Assessment of post-COVID effects on communication and swallowing (South-West University Neofit Rilski)**

**Date / theme:** Thursday 25 May - Prevention and control of chronic diseases

**Time:** 10h00 until 14h00 (GMT+02:00) Sofia (*organisers' local time*)  
(*please check your equivalent time zone [here!](#)*)

**Event type:** Campaign

**Event format:** In-person

**Description:** The academic staff of the Department of Logopedics will evaluate the voice, speech, hearing and swallowing of clients who have recovered from COVID-19.

**Hosting country:** Bulgaria



**Specific location(s):** Center of Logopedics, South-West University "Neofit Rilski", 60 Ivan Mihailov str., Blagoevgrad

**Language(s):** Bulgarian

**Reach:** Local

**Organisers:** South-West University Neofit Rilski

**For registration and further information please contact the event organisers directly:**

Website: [www.swu.bg](http://www.swu.bg)

Contact email: [anna\\_andreeva@swu.bg](mailto:anna_andreeva@swu.bg)

Contact info: Anna Andreeva

Social media: <https://www.facebook.com/profile.php?id100057660601255>

**15. [HW45 - Simulation education for nurses in Medical University of Plovdiv \(Medical University - Plovdiv, Bulgaria\)](#)**

**Date / theme:** Wednesday 24 May - Access to care

**Time:** 11h30 until 13h00 (GMT+02:00) Sofia (*organisers' local time*)  
(*please check your equivalent time zone [here!](#)*)

**Event type:** Lecture

**Event format:** In-person

**Description:** The lecture will be held in front of 1st-year students, the specialty of nursing. The MSTC is the only and largest, certified Simulation Center in Bulgaria. This event will help to raise the prestige of the Simulation Center of MU - Plovdiv, as well as to strengthen its leadership positions. MSTC also maintains its own Youtube channel in Bulgarian and English, so that even more people have access to training materials.

**Hosting country:** Bulgaria

**Specific location(s):** 120 Bratya Bakston St., 4004 Hristo Botev - South, Plovdiv, Bulgaria

**Language(s):** Bulgarian

**Reach:** Local

**Organisers:** Medical University - Plovdiv, Bulgaria

**For registration and further information please contact the event organisers directly:**

Website: <https://www.youtube.com/@simulationcenteratmuofplov1445/featured>

Contact email: [Valentina.Lalova@mu-plovdiv.bg](mailto:Valentina.Lalova@mu-plovdiv.bg)

Contact info: senior assist. prof. Valentina Lalova, Ph.D. senior assist. prof. Elena Merdzhanova, Ph.D. Department of Nursing Faculty of Public Health Medical University - Plovdiv, Bulgaria

Social media: <https://mu-plovdiv.bg/en/>

**16. [HW47 - Cases of resource allocation ethical dilemmas \(Bulgarian Public Health Association\)](#)**

**Date / theme:** Tuesday 23 May - Diversity in health

**Time:** 18h00 until 18h45 (GMT+02:00) Sofia (*organisers' local time*)  
(*please check your equivalent time zone [here!](#)*)

**Event type:** Book presentation

**Event format:** Online only

**Description:** As health care resources become increasingly scarce, allocation decisions raise complex ethical dilemmas. At this meeting, several real-life cases of resource allocation with their ethical and legal settings, as published in Prof. Yankulovska's monograph "Clinical Ethics Consultation", will be presented. The presentation will be followed by a free discussion.

**Hosting country:** Bulgaria

**Specific location(s):** <https://us04web.zoom.us/j/71337197477?pwd=buBwLhDUg58TWpGyvThUSa9xSvApoV.1>

**Language(s):** Bulgarian

**Reach:** Local

**Organisers:** Bulgarian Public Health Association

**For registration and further information please contact the event organisers directly:**

Website: <https://baoz.bg/index.php/en/>

Contact email: [silviya\\_aleksandrova@hotmail.com](mailto:silviya_aleksandrova@hotmail.com)

Contact info: Prof. Dr. Silviya Aleksandrova-Yankulovska, MD, PhD, DSc, MAS

Social media: <https://www.linkedin.com/in/silviya-aleksandrova-yankulovska-a8a04914>

### **17. [HW48 - Cases of Healthcare workforce rights](#) (*Bulgarian Public Health Association*)**

**Date / theme:** Monday 22 May - Mental health for all

**Time:** 18h00 until 18h45 (GMT+02:00) Sofia (*organisers' local time*)  
(*please check your equivalent time zone [here!](#)*)

**Event type:** Book presentation

**Event format:** Online only

**Description:** Providing health care often puts staff under stress and threatens their rights. At this meeting, several real-life cases related to staff rights and their ethical and legal settings, as published in Prof. Yankulovska's monograph "Clinical Ethics Consultation", will be presented. The presentation will be followed by a free discussion.

**Hosting country:** Bulgaria

**Specific location(s):** <https://us04web.zoom.us/j/74896651584?pwd=LcfVIRP3A9impagoAJ8nSUwXlbPX7.1>

**Language(s):** Bulgarian

**Reach:** Local

**Organisers:** Bulgarian Public Health Association

**For registration and further information please contact the event organisers directly:**

Website: <https://baoz.bg/index.php/en/>

Contact email: [silviya\\_aleksandrova@hotmail.com](mailto:silviya_aleksandrova@hotmail.com)

Contact info: Prof. Dr. Silviya Aleksandrova-Yankulovska,MD,PhD,DSc,MAS

Social media: <https://www.linkedin.com/in/silviya-aleksandrova-yankulovska-a8a04914>

### **18. HW49 - Hospices in Bulgarian healthcare system (Bulgarian Public Health Association)**

**Date / theme:** Thursday 25 May - Prevention and control of chronic diseases

**Time:** 18h00 until 18h45 (GMT+02:00) Sofia (*organisers' local time*)  
(*please check your equivalent time zone [here!](#)*)

**Event type:** Roundtable discussion

**Event format:** Online only

**Description:** Hospices were legally defined in Bulgaria in 1999. However, until now, there is no real integration of hospices in our healthcare system. This event will provide a platform to discuss issues in hospices' functioning in the light of its public health effects.

**Country:** Bulgaria

**Specific location(s):** <https://us04web.zoom.us/j/79716381147?pwdum2l8v4Wy7QiYNPILOajRwq2b2l2ZA.1>

**Language(s):** Bulgarian

**Reach:** Local

**Organisers:** Bulgarian Public Health Association

**For registration and further information please contact the event organisers directly:**

Website: <https://baoz.bg/index.php/en/>

Contact email: [silviya\\_aleksandrova@hotmail.com](mailto:silviya_aleksandrova@hotmail.com)

Contact info: Prof. Dr. Silviya Yankulovska,MD,PhD,DSc,MAS

Social media: <https://www.linkedin.com/in/silviya-aleksandrova-yankulovska-a8a04914>

### **19. HW50 - Effect of COVID-19 on end-of-life care (Bulgarian Public Health Association)**

**Date / theme:** Friday 26 May - Global health emergencies and response

**Time:** 18h00 until 18h45 (GMT+02:00) Sofia (*organisers' local time*)  
(*please check your equivalent time zone [here!](#)*)

**Event type:** Webinar

**Event format:** Online only

**Description:** COVID-19 pandemic has posed various challenges to health care, some of which have remained in the shadows. This webinar will discuss a less researched and debated issue, the effect of the pandemic on end-of-life care, in the light of responding to immediate end-of-life care needs and continuity of essential services.

**Hosting country:** Bulgaria

**Specific location(s):** <https://us04web.zoom.us/j/75821124605?pwdhWdOOS7bKwIsbLcb4JauMTgxT9ehxF.1>  
**Language(s):** Bulgarian  
**Reach:** Local  
**Organisers:** Bulgarian Public Health Association

**For registration and further information please contact the event organisers directly:**

Website: <https://baoz.bg/index.php/en/>  
Contact email: [silviya\\_aleksandrova@hotmail.com](mailto:silviya_aleksandrova@hotmail.com)  
Contact info: Prof. Dr. Silviya Aleksandrova-Yankulovska, MD, PhD, DSc, MAS  
Social media: <https://www.linkedin.com/in/silviya-aleksandrova-yankulovska-a8a04914>

## **20. [HW51 - Patient's responsibility as criterion for healthcare prioritisation](#) (Bulgarian Public Health Association)**

**Date / theme:** Wednesday 24 May - Access to care  
**Time:** 8h00 until 23h45 (GMT+02:00) Sofia (*organisers' local time*)  
(*please check your equivalent time zone [here!](#)*)  
**Event type:** Online survey  
**Event format:** Online only  
**Description:** Debates surrounding healthcare prioritisation have not subsided for almost half a century. Newer among them is the idea of using patient's responsibility as a criterion for access to health care. We will launch online survey to study the opinion of different stakeholders – healthcare workers, students, public health specialists.  
**Hosting country:** Bulgaria  
**Specific location(s):** <https://forms.gle/ReZYNakuwBm76uSx7>  
**Language(s):** Bulgarian  
**Reach:** Local  
**Organisers:** Bulgarian Public Health Association

**For registration and further information please contact the event organisers directly:**

Website: <https://baoz.bg/index.php/en/>  
Contact email: [silviya\\_aleksandrova@hotmail.com](mailto:silviya_aleksandrova@hotmail.com)  
Contact info: Prof. Dr. Silviya Aleksandrova-Yankulovska, MD, PhD, DSc, MAS and Senior Asst. Prof. Atanas Anov, PhD  
Social media: <https://www.linkedin.com/in/silviya-aleksandrova-yankulovska-a8a04914>;  
<https://www.linkedin.com/in/atanas-anov-8ab81948/>

## **21. [HW53 - Vaccinoprophylactics as basis of public health strategies](#) (Medical University-Pleven, Faculty of Public health, Section of epidemiology)**

**Date / theme:** Friday 26 May - Global health emergencies and response  
**Time:** 10h00 until 11h30 (GMT+02:00) Sofia (*organisers' local time*)  
(*please check your equivalent time zone [here!](#)*)

**Event type:** Lecture  
**Event format:** In-person  
**Description:** A seminar with medical students on the importance and role of immunoprophylaxis as a means of eliminating and eradicating infectious diseases and as a basis for public health strategies. Immunisation programmes as a means of dealing with epidemics, familiarisation with vaccines, and regimens of administration are discussed.  
**Hosting country:** Bulgaria  
**Specific location(s):** Pleven, Medical University-Pleven, Faculty of Public Health, Section of epidemiology  
**Language(s):** Bulgarian  
**Reach:** Local  
**Organisers:** Medical University-Pleven, Faculty of Public health, Section of epidemiology

**For registration and further information please contact the event organisers directly:**

Website: <http://www.mu-pleven.bg/index.php/bg/>

Contact email: [milena\\_karcheva@abv.bg](mailto:milena_karcheva@abv.bg)

Contact info: Prof. Dr. Milena Karcheva, MD, PhD

Social media: <https://www.researchgate.net/profile/Milena-Karcheva>

**22. [HW55 - Impact of climate change on mental health](#) (*Trakia University, Faculty of Medicine, Stara Zagora*)**

**Date / theme:** Monday 22 May - Mental health for all  
**Time:** 15h00 until 15h30 (GMT+02:00) Sofia (*organisers' local time*)  
(*please check your equivalent time zone [here!](#)*)  
**Event type:** Lecture  
**Event format:** In-person  
**Description:** This is a lecture dedicated to the European Health Week. Issues related to climate change that affect clinical health are considered. The audience is for students.  
**Hosting country:** Bulgaria  
**Specific location(s):** Trakia University, Faculty of Medicine, Stara Zagora  
**Language(s):** Bulgarian  
**Reach:** Local  
**Organisers:** Trakia University, Faculty of Medicine, Stara Zagora

**For registration and further information please contact the event organisers directly:**

Website: <http://www.uni-sz.bg/>

Contact email: [veskoasenov@abv.bg](mailto:veskoasenov@abv.bg)

Contact info: Veselin Asenov Ivanov, Yana Dimitrova Karamalakova, Galina Dimitrova Nikolova

### **23. HW57 - Moral dilemmas in allocating healthcare resources (Medical University - Pleven)**

**Date / theme:** Tuesday 23 May - Diversity in health  
**Time:** 14h15 until 15h45 (GMT+02:00) Sofia (*organisers' local time*)  
(*please check your equivalent time zone [here!](#)*)  
**Event type:** Lecture  
**Event format:** In-person  
**Description:** This is a seminar with students of Medicine on the topic of conflict between different groups of patients in regards to access to health care resources. Students will discuss cases regarding culturally sensitive health care provision, life style and age as criteria of resource allocation.  
**Hosting country:** Bulgaria  
**Specific location(s):** Pleven, Medical University - Pleven, Faculty of Medicine  
**Language(s):** Bulgarian  
**Reach:** Local  
**Organisers:** Medical University - Pleven  
**For registration and further information please contact the event organisers directly:**

Website: <http://www.mu-pleven.bg/>

Contact email: [atanas.anov@gmail.com](mailto:atanas.anov@gmail.com)

Contact info: Senior Asst. Prof. Atanas Anov, PhD

Social media: <https://www.linkedin.com/in/atanas-anov-8ab81948/>

### **24. HW59 - Diversity in pharmaceutical care (Medical University - Pleven)**

**Date / theme:** Tuesday 23 May - Diversity in health  
**Time:** 10h30 until 12h00 (GMT+02:00) Sofia (*organisers' local time*)  
(*please check your equivalent time zone [here!](#)*)  
**Event type:** Lecture  
**Event format:** In-person  
**Description:** This is a lecture with students in Pharmacy representing different ethical problems in regards to clinical pharmacy; provision of medicines within the community; pharmaceutical production and distribution. These are discussed in view of multiculturalism, social class and religion diversity of patients' population.  
**Hosting country:** Bulgaria  
**Specific location(s):** Pleven, Medical University - Pleven, Faculty of Pharmacy  
**Language(s):** Bulgarian  
**Reach:** Local  
**Organisers:** Medical University - Pleven  
**For registration and further information please contact the event organisers directly:**

Website: <http://www.mu-pleven.bg/>

Contact email: [atanas.anov@gmail.com](mailto:atanas.anov@gmail.com)

Contact info: Prof. Dr. Silviya Aleksandrova-Yankulovska, MD, PhD, DSc and Senior Asst. Prof. Atanas Anov, PhD

Social media: <https://www.linkedin.com/in/silviya-aleksandrova-yankulovska-a8a04914> ;  
<https://www.linkedin.com/in/atanas-anov-8ab81948/>

## **25. HW58 - Social workers' ethical dilemmas in chronic diseases (Medical University - Pleven)**

**Date / theme:** Thursday 25 May - Prevention and control of chronic diseases

**Time:** 16h00 until 17h30 (GMT+02:00) Sofia (*organisers' local time*)  
(*please check your equivalent time zone [here!](#)*)

**Event type:** Lecture

**Event format:** In-person

**Description:** This is a seminar with Social Work students. Main ethical principles in Social Workers' professional codes of conduct and are discussed in light of management of chronically ill patients and people with disabilities.

**Hosting country:** Bulgaria

**Specific location(s):** Pleven, Medical University - Pleven, Medical College

**Language(s):** Bulgarian

**Reach:** Local

**Organisers:** Medical University - Pleven

**For registration and further information please contact the event organisers directly:**

Website: <http://www.mu-pleven.bg/>

Contact email: [atanas.anov@gmail.com](mailto:atanas.anov@gmail.com)

Contact info: Senior Asst. Prof. Atanas Anov, PhD

Social media: <https://www.linkedin.com/in/atanas-anov-8ab81948/>

## **26. HW60 - Prevention of HPV associated diseases (MU-Pleven, Faculty of Public Health, Bulgarian Public Health Association)**

**Date / theme:** Thursday 25 May - Prevention and control of chronic diseases

**Time:** 8h15 until 9h45 (GMT+02:00) Sofia (*organisers' local time*)  
(*please check your equivalent time zone [here!](#)*)

**Event type:** Lecture

**Event format:** In-person

**Description:** Seminar with students of Medical University – Pleven, midwife speciality. In person event. It emphasizes on the midwife's role in prevention of HPV associated diseases, especially cancer of the cervix uteri. Specific tools of prevention as education against risky sexual behaviour, vaccination, screening programmes and their effectiveness will be discussed.

**Hosting country:** Bulgaria

**Specific location(s):** Faculty of Public health, 1, Kliment Ohridski str., Pleven, Bulgaria

**Language(s):** Bulgarian

**Reach:** Local

**Organisers:** MU-Pleven, Faculty of Public Health, Bulgarian Public Health Association

**For registration and further information please contact the event organisers directly:**

Contact email: [georgieva\\_sl@yahoo.com](mailto:georgieva_sl@yahoo.com)

Contact info: Stela Georgieva (BPHA member; EUPHA member)

**27. [HW61 - NCDs – levels and tools of prevention](#) (*Medical University – Pleven, Bulgaria Bulgarian Public Health Association*)**

**Date / theme:** Thursday 25 May - Prevention and control of chronic diseases

**Time:** 14h00 until 15h30 (GMT+02:00) Sofia (*organisers' local time*)  
(*please check your equivalent time zone [here!](#)*)

**Event type:** Lecture

**Event format:** In-person

**Description:** Series of seminars during the week with medical students of Medical University – Pleven. It emphasizes on the importance of prevention to reduce NCDs. Objectives and tools of different levels of prevention will be discussed, and how to choose an appropriate approach of prevention depending on the stage of the disease.

**Hosting country:** Bulgaria

**Specific location(s):** Faculty of Public health, 1, Kliment Ohridski str., Pleven, Bulgaria

**Language(s):** English

**Reach:** Local

**Organisers:** Medical University – Pleven, Bulgaria Bulgarian Public Health Association

**For registration and further information please contact the event organisers directly:**

Contact email: [georgieva\\_sl@yahoo.com](mailto:georgieva_sl@yahoo.com)

Contact info: Stela Georgieva (BPHA member; EUPHA member)

**28. [HW62 - Utilisation of digital devices for digital health](#) (*Ass. Prof. Petya Hristanova, PhD, Assoc. Prof. Stanislava Pavlova, PhD, Assoc. Prof. Aneta Dokova, PhD*)**

**Date / theme:** Wednesday 24 May - Access to care

**Time:** 13h00 until 13h45 (GMT+02:00) Sofia (*organisers' local time*)  
(*please check your equivalent time zone [here!](#)*)

**Event type:** Lecture

**Event format:** In-person

**Description:** The use of digital devices in modern life is increasing and finding wider and wider application. The possibilities will be examined offered by modern digital devices for the diversification and improvement of correction work in individuals with communicative disorders.



**Hosting country:** Bulgaria  
**Specific location(s):** Medical University of Varna, Faculty of Public Health, Dept. of Speech Therapy and Medical Pedagogy  
**Language(s):** Bulgarian  
**Reach:** Local  
**Organisers:** Ass. Prof. Petya Hristanova, PhD, Assoc. Prof. Stanislava Pavlova, PhD, Assoc. Prof. Aneta Dokova, PhD

**For registration and further information please contact the event organisers directly:**

Website: <https://www.mu-varna.bg/>  
Contact email: [petqhristanova@yahoo.com](mailto:petqhristanova@yahoo.com)  
Contact info: Petya Hristanova

**29. [HW64 - Needs assessment of people with chronic neurological diseases](#) (Ass. Prof. Violeta Staneva, PhD Assoc. Prof. Stanislava Pavlova, PhD Assoc. Prof. Aneta Dokova, PhD Medical University of Varna, Faculty of Public Health, Dept. of Speech Therapy and Medical Pedagogy)**

**Date / theme:** Thursday 25 May - Prevention and control of chronic diseases  
**Time:** 10h00 until 11h00 (GMT+02:00) Sofia (*organisers' local time*)  
(*please check your equivalent time zone [here!](#)*)  
**Event type:** Lecture  
**Event format:** In-person  
**Description:** Chronic neurological diseases lead to various degrees of disability. The lecture will acquaint the students with the needs of patients with multiple sclerosis, which affects young people resulting in a high degree of disabilities. An interdisciplinary approach will be discussed for improvement of the quality of life.

**Hosting country:** Bulgaria  
**Specific location(s):** Medical University of Varna, Faculty of Public Health, Dept. of Speech Therapy and Medical Pedagogy  
**Language(s):** Bulgarian  
**Reach:** Local  
**Organisers:** Ass. Prof. Violeta Staneva, PhD Assoc. Prof. Stanislava Pavlova, PhD Assoc. Prof. Aneta Dokova, PhD Medical University of Varna, Faculty of Public Health, Dept. of Speech Therapy and Medical Pedagogy

**For registration and further information please contact the event organisers directly:**

Website: [www.mu-varna.bg](http://www.mu-varna.bg)  
Contact email: [stpavlova@abv.bg](mailto:stpavlova@abv.bg)  
Contact info: Stanislava Peneva

**30. HW63 - The role of the relatives for the improvement of the quality of life for individuals with communicative disorders** (Assoc. Prof. Stanislava Pavlova, PhD Assoc. Prof. Aneta Dokova, PhD Assoc. Prof. Zhivko Zhekov, PhD Ass. Prof. Petya Hristanova, PhD Ass. Prof. Violeta Staneva, PhD Medical University of Varna, Faculty of Public Health, Dept. of Speech Therapy and Medical Pedagogy)

**Date / theme:** Wednesday 24 May - Access to care

**Time:** 14h00 until 14h30 (GMT+02:00) Sofia (*organisers' local time*)  
(*please check your equivalent time zone [here!](#)*)

**Event type:** Lecture

**Event format:** In-person

**Description:** This lecture is student-oriented and will focused on the complex approach and care for individuals with communicative disorders. The interaction is discussed between specialists and relatives providing care for them. The issue is raised about the crucial role of the relatives for the improvement of their quality of life.

**Hosting country:** Bulgaria

**Specific location(s):** Medical University of Varna, Faculty of Public Health, Dept. of Speech Therapy and Medical Pedagogy

**Language(s):** Bulgarian

**Reach:** Local

**Organisers:** Assoc. Prof. Stanislava Pavlova, PhD Assoc. Prof. Aneta Dokova, PhD Assoc. Prof. Zhivko Zhekov, PhD Ass. Prof. Petya Hristanova, PhD Ass. Prof. Violeta Staneva, PhD Medical University of Varna, Faculty of Public Health, Dept. of Speech Therapy and Medical Pedagogy

**For registration and further information please contact the event organisers directly:**

Website: [www.mu-varna.bg](http://www.mu-varna.bg)

Contact email: [stpavlova@abv.bg](mailto:stpavlova@abv.bg)

Contact info: Stanislava Peneva

**31. HW65 - Community-based interventions for equal access to healthcare (MU-Varna, Faculty of Public Health - Assoc. Prof. Aneta Dokova, PhD; Assoc. Prof. Stanislava Pavlova, PhD; Assoc. Prof. Zhivko Zhekov, PhD)**

**Date / theme:** Wednesday 24 May - Access to care

**Time:** 14h45 until 15h30 (GMT+02:00) Sofia (*organisers' local time*)  
(*please check your equivalent time zone [here!](#)*)

**Event type:** Lecture

**Event format:** In-person

**Description:** The lecture examines health interventions including partnerships with communities, stakeholders and health professionals. The emphasis is placed on activities for enhancing timely and equal access to health services, promoting and sustaining healthy behavior in communities. Good practices

are presented for solving health problems in specific communities of various cultural backgrounds.

**Hosting country:** Bulgaria

**Specific location(s):** [www.mu-varna.bg](http://www.mu-varna.bg)

**Language(s):** Bulgarian

**Reach:** Local

**Organisers:** MU-Varna, Faculty of Public Health - Assoc. Prof. Aneta Dokova, PhD;  
Assoc. Prof. Stanislava Pavlova, PhD; Assoc. Prof. Zhivko Zhekov, PhD

**For registration and further information please contact the event organisers directly:**

Contact email: [dokova@mu-varna.bg](mailto:dokova@mu-varna.bg)

Contact info: Aneta Dokova

### **32. HW66 - Celebrating Health and Education on the Day of Bulgarian**

**Enlightenment** (*Bulgaria, Project № 22007 “One Health – integrative research and scientometric approaches for better quality of life”, Health & Happiness Chapter; Bulgarian Public Health Association*)

**Date / theme:** Wednesday 24 May - Access to care

**Time:** 9h00 until 12h00 (GMT+02:00) Sofia (*organisers' local time*)  
(*please check your equivalent time zone [here!](#)*)

**Event type:** Walk

**Event format:** In-person

**Description:** Access to care goes hand in hand with the access to education (SDG 3 & 4). On May 24th, Bulgaria celebrates the Day of Slavonic Alphabet, Bulgarian Enlightenment and Culture. Educational institutions in the country traditionally hold emotional events. This day presents a wonderful opportunity to recognize the significance of health education and raise awareness of international activities like EUPHW. Participants will receive small health promoting flags.

**Hosting country:** Bulgaria

**Specific location(s):** Varna, Bulgaria

**Language(s):** Bulgarian

**Reach:** Regional

**Organisers:** Bulgaria, Project № 22007 “One Health – integrative research and scientometric approaches for better quality of life”, Health & Happiness Chapter; Bulgarian Public Health Association

**For registration and further information please contact the event organisers directly:**

Contact email: [vanko07@gmail.com](mailto:vanko07@gmail.com)

Contact info: Prof. Desislava Vankova, MD, MPH, PhD; Assist. prof. Petya Boncheva, MPH, PhD; Kristina Kutcarova - medical student

**33. HW71 - Health worker workload analysis to determine staffing needs (Medical University of Pleven, Faculty of Public Health)**

**Date / theme:** Wednesday 24 May - Access to care  
**Time:** 10h30 until 12h45 (GMT+02:00) Sofia (*organisers' local time*)  
(*please check your equivalent time zone [here!](#)*)  
**Event type:** Webinar  
**Event format:** Online only  
**Description:** The aim is to introduce to the students different methods of analyzing the employment of health care workers to determine the necessary number of personnel in different units. The proposals of the Bulgarian Association of Health Professionals for minimum insurance with health care professionals from various specialties requirements will be discussed. The students themselves will calculate the required number of nurses for the first shift in a hematology department to provide quality health care.  
**Hosting country:** Bulgaria  
**Specific location(s):** <https://do.mu-pleven.bg/mod/bigbluebuttonbn/view.php?id123253>  
**Language(s):** Bulgarian  
**Reach:** Local  
**Organisers:** Medical University of Pleven, Faculty of Public Health  
**For registration and further information please contact the event organisers directly:**  
Website: <http://www.mu-pleven.bg/index.php/bg/>  
Contact email: [msaleva@abv.bg](mailto:msaleva@abv.bg)  
Contact info: Milena Saleva, Makreta Draganova  
Social media: Medical University - Pleven, Faculty of Public Health

**34. HW72 - Burnout in medical professionals (MU-Varna, Faculty of Public Health, Department of Health Care)**

**Date / theme:** Monday 22 May - Mental health for all  
**Time:** 11h00 until 12h30 (GMT+02:00) Sofia (*organisers' local time*)  
(*please check your equivalent time zone [here!](#)*)  
**Event type:** Lecture  
**Event format:** In-person  
**Description:** This is a Burnout in Nursing Seminar for students of the nursing major (18 students). The focus is work intensity, understaffing, and emotional exhaustion . Will discuss various prevention options and strategies for dealing with burnout. Photos from the event will be posted on the Medical University of Varna, Bulgaria Facebook page.  
**Hosting country:** Bulgaria  
**Specific location(s):** Medical University - Varna, Faculty of Public Health, Department of Health Care  
**Language(s):** Bulgarian

**Reach:** Local  
**Organisers:** MU-Varna, Faculty of Public Health, Department of Health Care  
**For registration and further information please contact the event organisers directly:**

Website: <https://www.mu-varna.bg>

Contact email: [G.Petrova@mu-varna.bg](mailto:G.Petrova@mu-varna.bg)

Contact info: Mariana Nikolova [mariana.dimitrova@mu-varna.bg](mailto:mariana.dimitrova@mu-varna.bg); Teodora Radeva [tedinurs77@abv.bg](mailto:tedinurs77@abv.bg); Stoyanka Yancheva [Stoyanka.Yancheva@mu-varna.bg](mailto:Stoyanka.Yancheva@mu-varna.bg)

**35. HW73 - Healthy eating and physical activity for obesity prevention (MU-Varna, Faculty of Public Health)**

**Date / theme:** Tuesday 23 May - Diversity in health

**Time:** 11h00 until 12h45 (GMT+02:00) Sofia (*organisers' local time*)  
(*please check your equivalent time zone [here!](#)*)

**Event type:** Panel discussion

**Event format:** In-person

**Description:** The discussion will take place with first year students, specialty in Nursing. Our team will try to meet the challenge - balanced nutrition, physical activity, in the context of natural limitations of physiological and socio-psychological nature in the elderly ( over 65 years ). Photos from the event will be published on the Facebook page of Medical University - Varna

**Hosting country:** Bulgaria

**Specific location(s):** Medical University - Varna, Faculty of Public Health, Department of Health Care, Hall A

**Language(s):** Bulgarian

**Reach:** Local

**Organisers:** MU-Varna, Faculty of Public Health

**For registration and further information please contact the event organisers directly:**

Website: <https://www.mu-varna.bg>

Contact email: [Anna.Georgieva@mu-varna.bg](mailto:Anna.Georgieva@mu-varna.bg)

Contact info: Anna Georgieva [Anna.Georgieva@mu-varna.bg](mailto:Anna.Georgieva@mu-varna.bg);  
Galina Petrova [G.Petrova@mu-varna.bg](mailto:G.Petrova@mu-varna.bg);  
Krasimira Slavova [krasimira.stamova@mu-varna.bg](mailto:krasimira.stamova@mu-varna.bg)

**36. HW74 - Nursing organisation to improve the quality and safety in patient care (MU-Varna, Faculty of Public Health, Department of Health Care)**

**Date / theme:** Tuesday 23 May - Diversity in health

**Time:** 13h30 until 14h45 (GMT+02:00) Sofia (*organisers' local time*)  
(*please check your equivalent time zone [here!](#)*)

**Event type:** Panel discussion  
**Event format:** In-person  
**Description:** This event is aimed at second year nursing students and their insight of quality and safe healthcare. Students will have the opportunity to creatively express their ideas about planning, organizing and conducting nursing care. Photos from the event will be posted on the Medical University - Varna Facebook page.  
**Hosting country:** Bulgaria  
**Specific location(s):** Medical University - Varna, Faculty of Public Health, Department of Health Care  
**Language(s):** Bulgarian  
**Reach:** Local  
**Organisers:** MU-Varna, Faculty of Public Health, Department of Health Care

**For registration and further information please contact the event organisers directly:**

Website: <https://www.mu-varna.bg>

Contact email: [G.Petrova@mu-varna.bg](mailto:G.Petrova@mu-varna.bg)

Contact info: Silvia Borisova [Silvia.Borisova@mu-varna.bg](mailto:Silvia.Borisova@mu-varna.bg);  
Milena Nankova [Milena.Nankova@mu-varna.bg](mailto:Milena.Nankova@mu-varna.bg);  
Verginiya Tsvetkova [verginiya.tsvetkova@mu-varna.bg](mailto:verginiya.tsvetkova@mu-varna.bg)

### **37. [HW80 - Neglected parasitic zoonotic parasitic diseases](#) (Trakia University - Stara Zagora)**

**Date / theme:** Tuesday 23 May - Diversity in health  
**Time:** 11:30 until 12:30 (GMT+01:00) Budapest (*organisers' local time*)  
(*please check your equivalent time zone [here!](#)*)  
**Event type:** Lecture  
**Event format:** In-person  
**Description:** Zoonotic parasitic diseases in societies with existing socio-economic problems become a serious health problem. Lack of health knowledge and risky behavior are one of the main reasons for high morbidity and subsequent partial and/or total disability. The active participation in health education initiatives of specialists would be the beginning of health education and termination of risky practices.  
**Hosting country:** Bulgaria  
**Specific location(s):** Stara Zagora city, Lozenets; residential district  
**Language(s):** български  
**Reach:** Local

**Organisers:** Trakia University - Stara Zagora

**For registration and further information please contact the event organisers directly:**

Contact email: [borislavachakarova@gmail.com](mailto:borislavachakarova@gmail.com)

Contact info: Borislava Chakarova

**38. HW81 - From the student bench, let's lay the foundations for preventive medicine (Trakia University - Stara Zagora)**

**Date / theme:** Thursday 25 May - Prevention and control of chronic diseases

**Time:** 10h00 until 11h00 (GMT+01:00) Budapest (*organisers' local time*)  
(*please check your equivalent time zone [here!](#)*)

**Event type:** Lecture

**Event format:** In-person

**Description:** The foundation of knowledge in preventive medicine is laid from the student bench. The training focuses on the social and public health aspects of the most common parasitic diseases in temperate and tropical countries. The emphasis is on the epidemiology and risk factors for their spread in potentially endemic areas and the possibilities for prevention.

**Hosting country:** Bulgaria

**Specific location(s):** Stara Zagora city, Faculty of Medicine

**Language(s):** Bulgarian

**Reach:** Local

**Organisers:** Trakia University - Stara Zagora

**For registration and further information please contact the event organisers directly:**

Contact email: [borislavachakarova@gmail.com](mailto:borislavachakarova@gmail.com)

**39. HW75 - Social and health inequalities at the start of the life (Medical University - Varna, Faculty of Public Health, Department of Health Care)**

**Date / theme:** Wednesday 24 May - Access to care

**Time:** 11h00 until 12h45 (GMT+02:00) Sofia (*organisers' local time*)  
(*please check your equivalent time zone [here!](#)*)

**Event type:** Panel discussion

**Event format:** In-person

**Description:** A discussion will be held for third year specialty Nursing students (20 students) on the topic of social and health inequalities in the start of life and the work of health professionals to overcome them at community level. Approaches to recognizing early childhood social and health inequalities, the factors that give rise to them and opportunities for health professionals to contribute to overcoming them through community work will be presented.

**Hosting country:** Bulgaria

**Specific location(s):** Medical University - Varna, Faculty of Public Health, Department of Health Care

**Language(s):** Bulgarian

**Reach:** Local

**Organisers:** Medical University - Varna, Faculty of Public Health, Department of Health Care

**For registration and further information please contact the event organisers directly:**

Website: <https://www.mu-varna.bg>

Contact email: [G.Petrova@mu-varna.bg](mailto:G.Petrova@mu-varna.bg)

Contact info: Galina Petrova [G.Petrova@mu-varna.bg](mailto:G.Petrova@mu-varna.bg); Katya Genova

[katya.eguruze@mu-varna.bg](mailto:katya.eguruze@mu-varna.bg); Diana Gozdeva [diana.grozdeva@mu-varna.bg](mailto:diana.grozdeva@mu-varna.bg)

**40. HW88 - Workshop for students: Prevention of hypertensive complications during pregnancy (MU - Varna)**

**Date / theme:** Tuesday 23 May - Diversity in health

**Time:** 11h00 until 12h30 (GMT+02:00) Sofia (*organisers' local time*)  
(*please check your equivalent time zone [here!](#)*)

**Event type:** Lecture

**Event format:** In-person

**Description:** Student Workshop, organized by the Department of Health Care, will be attended by second year students of the specialty - Midwife. The students will produce information brochures on the prevention of hypertensive complications during pregnancy. Participants should present the structure of their brochure idea. The brochures will be given to pregnant women.

**Hosting country:** Bulgaria

**Specific location(s):** Department of Health Care, Faculty of public health, Medical University of Varna

**Language(s):** Bulgarian

**Reach:** Local

**Organisers:** MU - Varna

**For registration and further information please contact the event organisers directly:**

Website: [mu-varna.bg](http://mu-varna.bg)

Contact email: [Todorka.Boeva@mu-varna.bg](mailto:Todorka.Boeva@mu-varna.bg)

Contact info: Todorka Boeva

**41. HW85 - Healthy lifestyle among students (Medical university - Varna, Faculty Public Healthcare, Department of Health Care, Bulgarian Public Health Association)**

**Date / theme:** Thursday 25 May - Prevention and control of chronic diseases

**Time:** 9h00 until 10h00 (GMT+02:00) Sofia (*organisers' local time*)  
(*please check your equivalent time zone [here!](#)*)

**Event type:** Panel discussion



**Event format:** In-person

**Description:** Conducting a discussion among students by specialist - Midwife - at Medical University - Varna on the topic "Healthy lifestyle". The aim is to reveal the main aspects of a healthy lifestyle and to become familiar with modern trends in healthy nutrition.

**Hosting country:** Bulgaria

**Specific location(s):** Medical University of Varna, Bulgaria, Varna, Medical College - floor 4, Hall412

**Language(s):** Bulgarian

**Reach:** Local

**Organisers:** Medical university - Varna, Faculty Public Healthcare, Department of Health Care, Bulgarian Public Health Association

**For registration and further information please contact the event organisers directly:**  
Website: [Slavena.Ilieva@mu-varna.bg](mailto:Slavena.Ilieva@mu-varna.bg)  
Contact email: [slavena8837@abv.bg](mailto:slavena8837@abv.bg)

**42. HW86 - Knowledge, professional attitude and practices in Bulgaria, related to cervical cancer screening (-)**

**Date / theme:** Thursday 25 May - Prevention and control of chronic diseases

**Time:** 13:30 until 14:30 (GMT+02:00) Sofia (*organisers' local time*)  
(*please check your equivalent time zone [here!](#)*)

**Event type:** Panel discussion

**Event format:** In-person

**Description:** Conducting research among students and tutors from Midwife profile at MU - Varna focussing on "Knowledge, professional attitude and practices in Bulgaria, related to cervical cancer screening". The aim is to discuss best practices and identify potential for increasing the efficiency of the role of the midwife.

**Hosting country:** Bulgaria

**Specific location(s):** Varna, Bulgaria, Medical university of Varna, Medical college, floor 4, room A

**Language(s):** български

**Reach:** Local

**Organisers:** -

**For registration and further information please contact the event organisers directly:**  
Contact email: [valadim@abv.bg](mailto:valadim@abv.bg)  
Contact info: Valya Dimitrova

**43. HW89 - Communication skills for medical students (Specialized Obstetrics and Gynecology Hospital for Active Treatment Varna)**

**Date / theme:** Tuesday 23 May - Diversity in health  
**Time:** 11h00 until 12h00 (GMT+02:00) Sofia (*organisers' local time*)  
(*please check your equivalent time zone [here!](#)*)  
**Event type:** Lecture  
**Event format:** Online only  
**Description:** The ability conversation is essential for building trust between patient and healthcare worker. Is important that during their studies in clinical practice learn to conduct proper communication - provide information correctly; - gain the trust; - obtain the assistance of the patient in performance of medical and diagnostic procedures.  
**Hosting country:** Bulgaria  
**Specific location(s):**  
**Language(s):** Bulgarian  
**Reach:** Local  
**Organisers:** Specialized Obstetrics and Gynecology Hospital for Active Treatment Varna  
**For registration and further information please contact the event organisers directly:**  
Contact email: [sv.radeva@abv.bg](mailto:sv.radeva@abv.bg)  
Contact info: Svetlana Radeva

**44. [HW87 - For and against euthanasia and assisted suicide](#) (*Medical university - Varna, Public Health, Department Health Care*)**

**Date / theme:** Monday 22 May - Mental health for all  
**Time:** 13h30 until 15h30 (GMT+02:00) Sofia (*organisers' local time*)  
(*please check your equivalent time zone [here!](#)*)  
**Event type:** Roundtable discussion  
**Event format:** In-person  
**Description:** On May 22, 2023, at 1:30 p.m. in Hall A of Medical College Varna, students from the Midwifery specialty of MU-Varna will hold a discussion on the topic "For and against euthanasia and assisted suicide." Ethical and deontological issues will be examined from the perspective of patients, family, doctors, legislation and clergy in Bulgaria and around the world.  
**Hosting country:** Bulgaria  
**Specific location(s):** Medical university - Varna, Public Health, Department Health Care, hall A  
**Language(s):** Bulgarian  
**Reach:** Local  
**Organisers:** Medical university - Varna, Public Health, Department Health Care  
**For registration and further information please contact the event organisers directly:**  
Website: [www//mu-varna.bg](http://www//mu-varna.bg)  
Contact email: [Rumyana.Laleva@mu-varna.bg](mailto:Rumyana.Laleva@mu-varna.bg)  
Contact info: Rumyana Laleva

**45. HW94 - Prevention and treatment of back and low back pain (Medical University of Varna)**

**Date / theme:** Tuesday 23 May - Diversity in health

**Time:** 13h00 until 17h00 (GMT+02:00) Sofia (*organisers' local time*)  
(*please check your equivalent time zone [here!](#)*)

**Event type:** Campaign

**Event format:** In-person

**Description:** Campaign for medical examination and providing information about the possibilities of physical medicine for the treatment and prevention of back and low back pain for the employees of the Medical University of Varna. Giving recommendations and promoting better physical and mental health.

**Hosting country:** Bulgaria

**Specific location(s):** Department of rehabilitation, University Hospital „St. Marina“ - Varna, Hotel Estrea, "St.St .Konstantin and Elena"

**Language(s):** Bulgarian

**Reach:** Local

**Organisers:** Medical University of Varna

**For registration and further information please contact the event organisers directly:**

Website: <https://www.mu-varna.bg>

Contact email: [Detelina.Petkova@mu-varna.bg](mailto:Detelina.Petkova@mu-varna.bg)

Contact info: Mariyana Mihaylova, Detelina Nedjlkova, Yasen Petrov

**46. HW91 - Prevention of osteoporosis for women of active age (Medical University of Plovdiv)**

**Date / theme:** Thursday 25 May - Prevention and control of chronic diseases

**Time:** 8h30 until 9h30 (GMT+02:00) Sofia (*organisers' local time*)  
(*please check your equivalent time zone [here!](#)*)

**Event type:** Presentation and Panel discussion

**Event format:** In-person

**Description:** The aim of the event is to improve the knowledge and skills of nursing students on osteoporosis risk factors, screening tools and health education. A case discussion is also included in the program. This activity is part of a research project of Medical University - Plovdiv, № 10/2022.

**Hosting country:** Bulgaria

**Specific location(s):** University Hospital - Plovdiv

**Language(s):** Bulgarian

**Reach:** Local

**Organisers:** Medical University of Plovdiv

**For registration and further information please contact the event organisers directly:**

Website: <https://mu-plovdiv.bg/>

Contact email: [marieta.t.todorova@mu-plovdiv.bg](mailto:marieta.t.todorova@mu-plovdiv.bg)

Contact info: Marieta Todorova, PhD member of BPHA; Assoc. Prof. Daniela Taneva, PhD; Veselina Bukova, Department of Nursing Care; Angelina Kirkova-Bogdanova, PhD. Department of MIBE-learning; Faculty of Public Health, MU-Plovdiv, Bulgaria

**47. HW92 - Diabetic Retinopathy Screening** (*Department of Optometry and Occupational Diseases, Sector of Optometry, Faculty of Public Health, Medical University of Varna, 9000 Varna, Bulgaria; Specialized Eye Hospital for Active Treatment- Varna;*)

- Date / theme:** Thursday 25 May - Prevention and control of chronic diseases
- Time:** 8h30 until 12h30 (GMT+02:00) Sofia (*organisers' local time*)  
(*please check your equivalent time zone [here!](#)*)
- Event type:** Screening
- Event format:** In-person
- Description:** Diabetic retinopathy is a common complication of diabetes mellitus. It often leads to severely impaired vision and blindness. Modern ophthalmology has methods for early diagnosis and treatment of diabetic retinopathy before the disease becomes a personal and social burden. Screening programs are needed for the early detection of this diabetic complication in as many patients as possible.
- Hosting country:** Bulgaria and България
- Specific location(s):** Specialized Eye Hospital for Active Treatment- Varna, 15 Doyran Str., city of Varna
- Language(s):** Bulgarian
- Reach:** Local
- Organisers:** Department of Optometry and Occupational Diseases, Sector of Optometry, Faculty of Public Health, Medical University of Varna, 9000 Varna, Bulgaria; Specialized Eye Hospital for Active Treatment- Varna;
- For registration and further information please contact the event organisers directly:**

Website: <https://www.mu-varna.bg/EN>

Contact email: [darikoseva@gmail.com](mailto:darikoseva@gmail.com)

Contact info: Specialized Eye Hospital for Active Treatment- Varna tel. +35952634901;

**48. HW90 - Physical and mental health in disasters** (*Department of Preventive Medicine, Faculty of Public Health, Medical University of Sofia; Department of Epidemiology and Disaster Medicine, Faculty of Public Health, Medical University of Plovdiv*)

- Date / theme:** Monday 22 May - Mental health for all
- Time:** 10h00 until 11h00 (GMT+02:00) Sofia (*organisers' local time*)  
(*please check your equivalent time zone [here!](#)*)
- Event type:** Lecture
- Event format:** Online only

**Description:** The health threat in disasters is a prerequisite for the occurrence of psychological consequences that are even more significant when physical disabilities occur. Protecting physical and mental health in disasters is an important prerequisite for reducing the disaster medical consequences in the short and long term.

**Hosting country:** Bulgaria

**Specific location(s):** <https://classroom.google.com/c/NjAxMzM4NTQyMjk3>

**Language(s):** Bulgarian

**Reach:** Local

**Organisers:** Department of Preventive Medicine, Faculty of Public Health, Medical University of Sofia; Department of Epidemiology and Disaster Medicine, Faculty of Public Health, Medical University of Plovdiv

**For registration and further information please contact the event organisers directly:**

Contact email: [mari.georgieva@mu-plovdiv.bg](mailto:mari.georgieva@mu-plovdiv.bg)

Contact info: Assoc. Prof. Desislava Todorova, MD, PhD; Chief Assist. Prof. Romyana Etova, MD, PhD; Chief Assist. Prof. Mariya Georgieva, MD, PhD; Chief Assist. Prof. Elena Valkanova, MD, PhD

**49. [HW98 - The stigma of epilepsy – a medical and social problem](#) (*Medical University of Plovdiv*)**

**Date / theme:** Thursday 25 May - Prevention and control of chronic diseases

**Time:** 10h00 until 11h00 (GMT+02:00) Sofia (*organisers' local time*)  
(*please check your equivalent time zone [here!](#)*)

**Event type:** Presentation and Case discussion

**Event format:** In-person

**Description:** Epilepsy is a socially significant disease that causes significant damage to patients and society. Nurses play an important role in treatment, hygiene and dietary management, seizure control and education of the patients to cope with the disease. The event is designed for nursing students and includes a case discussion.

**Hosting country:** Bulgaria

**Specific location(s):** University Hospital - Plovdiv

**Language(s):** Bulgarian

**Reach:** Local

**Organisers:** Medical University of Plovdiv

**For registration and further information please contact the event organisers directly:**

Website: <https://mu-plovdiv.bg/>

Contact email: [marieta.t.todorova@mu-plovdiv.bg](mailto:marieta.t.todorova@mu-plovdiv.bg)

Contact info: Assoc. Prof. Daniela Taneva, PhD; Chief Asst. Marieta Todorova, PhD - BPHA member, lecturer Maria Stamova; Department of Nursing Care, Faculty of Public Health, MU-Plovdiv, Bulgaria

**50. [HW93 - Access of vulnerable groups to health care services \(Bulgarian\)](#) (-National Center of Public Health and Analyses, Department "Child and Youth Health")**

**Date / theme:** Tuesday 23 May - Diversity in health

**Time:** 11h00 until 12h30 (GMT+01:00) Paris (*organisers' local time*)  
(*please check your equivalent time zone [here!](#)*)

**Event type:** Webinar

**Event format:** Online only

**Description:** The purpose of the event is to be ensured equal access of pregnant women and young children from Roma community to quality health care by increasing the competence of health mediators to inform and consult families about health services and rights, including by overcoming specific barriers.

**Hosting country:** Bulgaria

**Specific location(s):** <https://us06web.zoom.us/j/85388501811?pwdWFYwOGVqa0MwY2dQalo2WmtnRXV0QT09>

**Language(s):** Bulgarian

**Reach:** National

**Organisers:** -National Center of Public Health and Analyses, Department "Child and Youth Health"

**For registration and further information please contact the event organisers directly:**

Website: <https://ncpha.government.bg/bg/>

Contact email: [kr.kostadinova@ncpha.government.bg](mailto:kr.kostadinova@ncpha.government.bg)

Contact info: Krasimira Kostadinova, Registration by email:  
[kr.kostadinova@ncpha.government.bg](mailto:kr.kostadinova@ncpha.government.bg)

Social media: <https://ncpha.government.bg/bg/>

**51. [HW99 - Women's health](#) (South-West University, Anatomy and Physiology)**

**Date / theme:** Tuesday 23 May - Diversity in health

**Time:** 10h00 until 14h00 (GMT+02:00) Sofia (*organisers' local time*)  
(*please check your equivalent time zone [here!](#)*)

**Event type:** Diagnostics

**Event format:** In-person

**Description:** The aim is to study eating habits and their influence in different age groups in women and their importance for the influence on women's health.

**Hosting country:** Bulgaria

**Specific location(s):** 66 IVAN MIHAYLOV STR., BLAGOEVGRAD, BULGARIA

**Language(s):** Bulgarian

**Reach:** Local

**Organisers:** South-West University, Anatomy and Physiology

**For registration and further information please contact the event organisers directly:**

Website: <https://www.swu.bg/bg/>

Contact email: [miglena\\_tsvetkova@swu.bg](mailto:miglena_tsvetkova@swu.bg)

Contact info: South-West University, Anatomy and Physiology

Social media: <https://www.facebook.com/profile.php?id100057272807282>

## **52. HW100 - Stigma in psychiatry as a public health problem (Medical University of Pleven)**

**Date / theme:** Monday 22 May - Mental health for all

**Time:** 8h00 until 10h15 (GMT+02:00) Sofia (*organisers' local time*)  
(*please check your equivalent time zone [here!](#)*)

**Event type:** Lecture

**Event format:** In-person

**Description:** This is a lecture with 5th year medical students about stigma in psychiatry. Mental illnesses such as schizophrenia, bipolar affective disorder and personality disorder create negative images of people with mental health problems that give rise to the stigmatizing attitude. The goal is to discuss current issues related to stigma as a public health problem.

**Hosting country:** Bulgaria

**Specific location(s):** Pleven, Storgozia 113

**Language(s):** Bulgarian

**Reach:** Local

**Organisers:** Medical University of Pleven

**For registration and further information please contact the event organisers directly:**

Contact email: [ivanka.sirashky@gmail.com](mailto:ivanka.sirashky@gmail.com)

Contact info: Maya Stoimenova, Ivanka Veleva, Aleksandar Todorov

Social media: Medical University - Pleven, Faculty of Public Health, Department of Psychiatry and Medical psychology

## **53. HW119 - Sexuality education of children in residential care (Marieta Gunovska, Veronika Spasova, Kalina Kancheva. Bulgarian Public Health Association, MU-Pleven, Medical College)**

**Date / theme:** Tuesday 23 May - Diversity in health

**Time:** 15h00 until 16h00 (GMT+02:00) Sofia (*organisers' local time*)  
(*please check your equivalent time zone [here!](#)*)

**Event type:** Lecture  
**Event format:** In-person  
**Description:** The event will be held in a family-type accommodation center for children deprived of parental care. Children will be introduced to issues related to puberty and the changes that occur during adolescence. The audience includes university professors, students, future social workers and social service professionals.  
**Hosting country:** Bulgaria  
**Specific location(s):** Pleven city, Storgozia 103  
**Language(s):** Bulgarian  
**Reach:** Local  
**Organisers:** Marieta Gunovska, Veronika Spasova, Kalina Kancheva. Bulgarian Public Health Association, MU-Pleven, Medical College  
**For registration and further information please contact the event organisers directly:**  
Contact email: [m\\_gunovska@abv.bg](mailto:m_gunovska@abv.bg)  
Contact info: Marieta Gunovska

**54. [HW126 - Refugee and Asylum Seeker Health Challenges in the poorest EU nation](#) (*Medical University-Varna, Faculty of Public Health, Department of Social Medicine; Bulgarian Public Health Association*)**

**Date / theme:** Wednesday 24 May - Access to care  
**Time:** 9h00 until 10h30 (GMT+02:00) Sofia (*organisers' local time*)  
(*please check your equivalent time zone [here!](#)*)  
**Event type:** Roundtable discussion  
**Event format:** In-person  
**Description:** Refugees and asylum seekers have different health and socioeconomic needs that affect their ability to maintain their well-being. Their experiences in the host country can be negatively shaped by the country's integration policies and actions. In the poorest EU member – Bulgaria, vulnerability of refugees and migrants to access healthcare increases.  
**Hosting country:** Bulgaria  
**Specific location(s):** Department of Social Medicine and Healthcare Organization, Medical University-Varna, Bulgaria  
**Language(s):** Bulgarian  
**Reach:** Local  
**Organisers:** -  
**For registration and further information please contact the event organisers directly:**  
Website: <https://www.mu-varna.bg/BG/Pages/evropeyska-sedmica-na-obshtestvenoto-zdrave-2023-.aspx>  
Contact email: [silviya.p.nikolova@gmail.com](mailto:silviya.p.nikolova@gmail.com)  
Contact info: Silviya Pavlova Nikolova



**55. [HW138 - Prevent obesity \(-NCPHA, BPHA\)](#)**

**Date / theme:** Thursday 25 May - Prevention and control of chronic diseases  
**Time:** 10h00 until 14h00 (GMT+01:00) Paris (*organisers' local time*)  
(*please check your equivalent time zone [here!](#)*)  
**Event type:** BMI,fat%-calculation  
**Event format:** In-person  
**Description:** On May 25, 2023, from 10:00 a.m. to 2:00 p.m., in order to prevent obesity, a consultation and measurement of body composition will be carried out for those who wish to and/or work in the building of the National Center of Public Health and Analyses - a joint initiative of the National Center of Public Health and Analyses and the Department of Epidemiology and Hygiene of the Faculty of Medicine, Medical University of Sofia.  
**Hosting country:** Bulgaria  
**Specific location(s):** Sofia, Bulgaria  
**Language(s):** Bulgarian  
**Reach:** Local  
**Organisers:** -NCPHA, BPHA

**For registration and further information please contact the event organisers directly:**

Website: NCPHA,facebook  
Contact email: [m.vladimirova@ncpha.government.bg](mailto:m.vladimirova@ncpha.government.bg)  
Contact info: Ass.prof.Milena Vladimirova and Ass.prof.Lalka Rangelova,Department of Food and Nutrition Doctor "Nutrition and dietetics"  
Social media: NCPHA

**56. [HW131 - Children's education - a bridge to healthy behaviour \(MU-Varna, Faculty of Public Health, Bulgarian Public Health Association\)](#)**

**Date / theme:** Thursday 25 May - Prevention and control of chronic diseases  
**Time:** 9h00 until 15h00 (GMT+02:00) Sofia (*organisers' local time*)  
(*please check your equivalent time zone [here!](#)*)  
**Event type:** Lecture  
**Event format:** In-person with live streaming  
**Description:** Students from the 3rd year of Medicine at the Medical University - Varna will present topics on the prevention of noncommunicable diseases to students from four high schools in Varna. The organizers are the Department of Hygiene and Epidemiology, Faculty of Public Health with the assistance of MU-VI TV  
**Hosting country:** Bulgaria  
**Specific location(s):** <https://www.mu-varna.bg/BG/Pages/evropeyska-sedmica-na-obshtestvenoto-zdrave-2023-.aspx>  
**Language(s):** Bulgarian and English  
**Reach:** Local

**Organisers:** MU-Varna, Faculty of Public Health, Bulgarian Public Health Association

**For registration and further information please contact the event organisers directly:**

Website: <https://www.mu-varna>

Contact email: [rozalinabra@abv.bg](mailto:rozalinabra@abv.bg)

Contact info: Rozalina Braykova

Social media: mu-vi.tv

**57. HW136 - Heat wave and our health - how can we adapt? (Bulgarian Public health Association (BPHA) and National center for Public health and analyses(NCPHA))**

**Date / theme:** Tuesday 23 May - Diversity in health

**Time:** 11h00 until 13h00 (GMT+01:00) Paris (*organisers' local time*)  
(*please check your equivalent time zone [here!](#)*)

**Event type:** Panel discussion

**Event format:** Online only

**Description:** The climate change and health topic becomes very important for Bulgaria with the increasing number of extreme weather events during the last years, such as floods, droughts, heat waves and forest fires, the spread of infectious diseases, etc. In the same time the Bulgarian population is amongst the most vulnerable to the climate change threat population in Europe because of its higher middle age, poorer health and lower income. One of consequences of climate change is increasing the length,

**Hosting country:** Bulgaria

**Specific location(s):** If the event is online

**Language(s):** Bulgarian

**Reach:** National

**Organisers:** Bulgarian Public health Association (BPHA) and National center for Public health and analyses(NCPHA)

**For registration and further information please contact the event organisers directly:**

Website: [www.ncpha.government.bg](http://www.ncpha.government.bg)

Contact email: [m.vladimirova@ncpha.government.bg](mailto:m.vladimirova@ncpha.government.bg)

Contact info: Assoc.prof.Milena Vladimirova, and Assist.prof.Zornitsa Spasova (climate expert)

Social media: National Center for public health and analyses

**58. HW140 - Patient culture (-NCPHA,BPHA)**

**Date / theme:** Tuesday 23 May - Diversity in health

**Time:** 13h00 until 14h30 (GMT+01:00) Paris (*organisers' local time*)  
(*please check your equivalent time zone [here!](#)*)

**Event type:** Webinar

**Event format:** Online only

**Description:** The objective of the meeting is to present different opinions and points of view of leading experts from Bulgaria, and other participants

**Hosting country:** Bulgaria

**Specific location(s):** Sofia, Bulgaria

**Language(s):** Bulgarian

**Reach:** Local

**Organisers:** -NCPHA,BPHA

**For registration and further information please contact the event organisers directly:**

Website: <https://us06web.zoom.us/j/82751844127>

Contact email: [m.vladimirova@ncpha.government.bg](mailto:m.vladimirova@ncpha.government.bg)

Contact info: Ass.Prof.Milena Vladimirova

Social media: facebook

**59. [HW120 - Main characteristics of informal care](#) (*Veronika Spasova, Marieta Gunovska, Kalina Kancheva, Bulgarian Public Health Association, MU-Pleven, Medical College*)**

**Date / theme:** Wednesday 24 May - Access to care

**Time:** 11h00 until 11h45 (GMT+02:00) Sofia (*organisers' local time*)  
(*please check your equivalent time zone [here!](#)*)

**Event type:** Lecture

**Event format:** Online only

**Description:** Every day, thousands of people provide informal care for an elderly or old person who needs them. The sector has specific characteristics – mostly women are employed, unregulated working hours, loss of tax and social security revenues for the state and lack of support for informal caregivers.

**Hosting country:** Bulgaria

**Specific location(s):** <https://bbb2.mu-pleven.bg/b/mu--vvh-7mh-ruh>

**Language(s):** Bulgarian

**Reach:** Local

**Organisers:** Veronika Spasova, Marieta Gunovska, Kalina Kancheva, Bulgarian Public Health Association, MU-Pleven, Medical College

**For registration and further information please contact the event organisers directly:**

Contact email: [spasova\\_v@abv.bg](mailto:spasova_v@abv.bg)

Contact info: Veronika Spasova

**60. [HW148 - Benefits and side effects of salt](#) (*-NCPHA -National Center for Public health and analyses and BPHA*)**

**Date / theme:** Thursday 25 May - Prevention and control of chronic diseases

**Time:** 10h00 until 12h00 (GMT+01:00) Paris (*organisers' local time*)  
(*please check your equivalent time zone [here!](#)*)

**Event type:** Panel discussion

**Event format:** Online only

**Description:** Prof. Veselka Duleva (National nutrition consultant) will answer questions from 10 am to 12 about the "Benefits and side effects of salt" research.

**Hosting country:** Bulgaria

**Specific location(s):** Sofia,Bulgaria

**Language(s):** Bulgarian

**Reach:** National

**Organisers:** -NCPHA -National Center for Public health and analyses and BPHA

**For registration and further information please contact the event organisers directly:**

Website: [www.ncpha.government.bg](http://www.ncpha.government.bg)

Contact email: [m.vladimirova@ncpha.government.bg](mailto:m.vladimirova@ncpha.government.bg)

Contact info: Prof.Veselka Duleva and Assoc.prof.Milena Vladimirova

### **61. HW162 - Risk factors - prevention (-NCPHA,BPHA)**

**Date / theme:** Thursday 25 May - Prevention and control of chronic diseases

**Time:** 14h30 until 16h30 (GMT+01:00) Paris (*organisers' local time*)  
(*please check your equivalent time zone [here!](#)*)

**Event type:** Panel discussion

**Event format:** Online only

**Description:** Assoc. prof. Galya Tzolova (Director of Directorate) and experts NCPHA will answer questions about physical activity, alcohol, smoking and others from 14:30 to 16:30

**Hosting country:** Bulgaria

**Specific location(s):** Sofia, Bulgaria

**Language(s):** Bulgarian

**Reach:** National

**Organisers:** -NCPHA,BPHA

**For registration and further information please contact the event organisers directly:**

Website: [www.ncpha.government.bg](http://www.ncpha.government.bg)

Contact email: [m.vladimirova@ncpha.government.bg](mailto:m.vladimirova@ncpha.government.bg)

Contact info: Assoc.prof.Milena Vladimirova and Assoc.prof.Galya Tzolova

### **62. HW121 - Enteral nutrition in patients with oncological diseases (Marieta Gunovska, Veronika Spasova, Kalina Kancheva, Bulgarian Public Health Association, MU-Pleven, Medical College)**

**Date / theme:** Thursday 25 May - Prevention and control of chronic diseases

**Time:** 17h00 until 17h45 (GMT+02:00) Sofia (*organisers' local time*)  
(*please check your equivalent time zone [here!](#)*)

**Event type:** Lecture

**Event format:** Online only

**Description:** Cancer patients lose weight, which may be a direct result of the disease itself or the side effects of various types of treatment. Adequate calorie and nutrient

intake plays a key role in the healing process. Enteral feeds help maintain weight and energy in cancer patients.

**Hosting country:** Bulgaria

**Specific location(s):** <https://bbb2.mu-pleven.bg/b/mu--vvh-7mh-ruh>

**Language(s):** Bulgarian

**Reach:** Local

**Organisers:** Marieta Gunovska, Veronika Spasova, Kalina Kancheva, Bulgarian Public Health Association, MU-Pleven, Medical College

**For registration and further information please contact the event organisers directly:**

Contact email: [m\\_gunovska@abv.bg](mailto:m_gunovska@abv.bg)

Contact info: Marieta Gunovska

**63. HW122 - Preparedness of social services for disaster response (Kalina Kancheva, Veronika Spasova, Marieta Gunovska, Bulgarian Public Health Association, MU-Pleven, Medical College)**

**Date / theme:** Friday 26 May - Global health emergencies and response

**Time:** 10h00 until 10h45 (GMT+02:00) Sofia (*organisers' local time*)  
(*please check your equivalent time zone [here!](#)*)

**Event type:** Lecture

**Event format:** Online only

**Description:** In recent years, we have increasingly witnessed natural disasters, accidents and crises that threaten human life. Social services work with children and persons from vulnerable groups, for whom preparedness for reactions is particularly important and is a prerequisite for reducing the negative consequences for them.

**Hosting country:** Bulgaria

**Specific location(s):** <https://bbb2.mu-pleven.bg/b/mu--vvh-7mh-ruh>

**Language(s):** Bulgarian

**Reach:** Local

**Organisers:** Kalina Kancheva, Veronika Spasova, Marieta Gunovska, Bulgarian Public Health Association, MU-Pleven, Medical College

**For registration and further information please contact the event organisers directly:**

Contact email: [spasova\\_v@abv.bg](mailto:spasova_v@abv.bg)

Contact info: Veronika Spasova

**64. HW161 - Risk factors causing chronic diseases (-NCPHA and BPHA)**

**Date / theme:** Thursday 25 May - Prevention and control of chronic diseases

**Time:** 10h00 until 14h00 (GMT+01:00) Paris (*organisers' local time*)  
(*please check your equivalent time zone [here!](#)*)

**Event type:** Lecture

**Event format:** In-person

**Description:** Assoc. prof. Galya Tzolova (Head of the Directorate) and experts will present lecture on topic "Distribution Risk factors causing chronic diseases from 10:00 to 14:00. The results of the national research "Chronic and Non-communicable disease 2020" will be presented.

**Hosting country:** Bulgaria

**Specific location(s):** Sofia, Bulgaria

**Language(s):** Bulgarian

**Reach:** National

**Organisers:** -NCPHA and BPHA

**For registration and further information please contact the event organisers directly:**

Contact email: [m.vladimirova@ncpha.government.bg](mailto:m.vladimirova@ncpha.government.bg)

Contact info: Assoc.prof.Milena Vladimirova and Assoc.prof.Galya Tzolova

**65. HW164 - Sensory Paths and Physical Activity** (*The event is organized in the University of Ruse, on the initiative of the Professional Club "FITNESS! HEALTH! TONUS", with the active participation of USK "ACADEMIC"; STD "ACADEMIC"; Departments: "Physical education and sport", Faculty of Transport; "Pedagogy", Faculty of Natural Sciences and Education', Bulgarian Public Health Association*)

**Date / theme:** Monday 22 May - Mental health for all

**Time:** 9h00 until 10h30 (GMT+02:00) Sofia (*organisers' local time*)  
(*please check your equivalent time zone [here!](#)*)

**Event type:** Game, Walk

**Event format:** In-person

**Description:** Students majoring in Preschool and Elementary School Pedagogy at the University of Ruse will present their own developed sensory paths for children and students aged 3-10 years. Teams will demonstrate the connection between physical activity, sensory pathways and mental health.

**Hosting country:** Bulgaria

**Specific location(s):** in person

**Language(s):** Bulgarian and Bulgarian

**Reach:** Local

**Organisers:** The event is organized in the University of Ruse, on the initiative of the Professional Club "FITNESS! HEALTH! TONUS", with the active participation of USK "ACADEMIC"; STD "ACADEMIC"; Departments: "Physical education and sport", Faculty of Transport; "Pedagogy", Faculty of Natural Sciences and Education', Bulgarian Public Health Association

**For registration and further information please contact the event organisers directly:**

Website: <https://www.facebook.com/uni.ruse>

Contact email: [is\\_ilieva5@abv.bg](mailto:is_ilieva5@abv.bg)

Contact info: Iskra Ilieva

Social media: <https://www.facebook.com/uni.ruse> <https://www.uni-ruse.bg/>

**66. HW186 - Sports in helping teens avoid risky behaviors (Medical University - Pleven, "Tsvetan Spasov" Primary school - Pleven)**

**Date / theme:** Monday 22 May - Mental health for all  
**Time:** 10h00 until 11h00 (GMT+02:00) Sofia (*organisers' local time*)  
(*please check your equivalent time zone [here!](#)*)  
**Event type:** sports activities  
**Event format:** In-person  
**Description:** The event is aimed at teens. The aim is to demonstrate different sports activities, through which it would be possible to avoid risky behavior for their health.  
**Hosting country:** Bulgaria  
**Specific location(s):** Medical University - Pleven - 1, Sv. Kliment Ohridski Str. 5800 Plevna Bulgaria  
**Language(s):** Bulgarian  
**Reach:** Local  
**Organisers:** Medical University - Pleven, "Tsvetan Spasov" Primary school - Pleven  
**For registration and further information please contact the event organisers directly:**

Website: [https://www.facebook.com/mu.pleven.bg?localebg\\_BG](https://www.facebook.com/mu.pleven.bg?localebg_BG)

Contact email: [markova\\_gergana@mail.bg](mailto:markova_gergana@mail.bg)

Contact info: Gergana Markova, Nina Mihailova, Tanya Megova, Rostislav Kostov, Milena Kirnikolova, Kaloqn Monov, Petar Popov, Hristo Genov, Svetoslav Rachkov, Delyan Demirev, Biliiana Angelova

Social media: [https://www.facebook.com/mu.pleven.bg?localebg\\_BG](https://www.facebook.com/mu.pleven.bg?localebg_BG)

**67. HW197 - Sports for everyone! (South-West University Neofit Rilski, Faculty of Public Health, Health Care and Sport, Department of Sport; Bulgarian Public Health Association)**

**Date / theme:** Tuesday 23 May - Diversity in health  
**Time:** 10h30 until 12h30 (GMT+02:00) Sofia (*organisers' local time*)  
(*please check your equivalent time zone [here!](#)*)  
**Event type:** Walk  
**Event format:** In-person  
**Description:** All students, staff and lecturers from South-West University will have the opportunity to exercise in order to improve their health by participating in athletics cross.  
**Hosting country:** Bulgaria  
**Specific location(s):** South-West University "Neofit Rilski", Campus №1  
**Language(s):** Bulgarian and All languages  
**Reach:** Local  
**Organisers:** South-West University Neofit Rilski, Faculty of Public Health, Health Care and Sport, Department of Sport; Bulgarian Public Health Association

**For registration and further information please contact the event organisers directly:**

Website: [www.swu.bg](http://www.swu.bg)

Contact email: [anna\\_andreeva@swu.bg](mailto:anna_andreeva@swu.bg)

Contact info: Anna Andreeva

Social media: <https://www.facebook.com/profile.php?id100057272807282>

**68. [HW194 - Discussion on Women's Health - New Perspectives and Challenges](#) (- Ruse University "Angel Kanchev", Bulgarian Public Health Association)**

**Date / theme:** Tuesday 23 May - Diversity in health

**Time:** 10h00 until 12h00 (GMT+01:00) Paris (*organisers' local time*)  
(*please check your equivalent time zone [here!](#)*)

**Event type:** Panel discussion

**Event format:** In-person

**Description:** Online & offline discussion on the problems of Women`s Health in Bulgaria - the most significant obstacles before health care professionals and their role in the process will be outlined. There will be space for active conversation with suggestions from students and page followers regarding challenges they have faced in this regard. Several separate posts will be published on the main approaches to optimising Women's Health.

**Hosting country:** Bulgaria

**Specific location(s):** <https://fb.me/e/PBGTvNGT>

**Language(s):** Bulgarian

**Reach:** Local

**Organisers:** - Ruse University "Angel Kanchev", Bulgarian Public Health Association

**For registration and further information please contact the event organisers directly:**

Website: <https://www.facebook.com/ZdravniGrizhiRuse>

Contact email: [dlyutakova@uni-ruse.bg](mailto:dlyutakova@uni-ruse.bg)

Contact info: Daniela Lyutakova

Social media: [@ZdravniGrizhiRuse](https://www.facebook.com/ZdravniGrizhiRuse)  
Facebook page

**69. [HW198 - Infant Feeding During Disasters](#) (- Ruse University "Angel Kanchev", Bulgarian Public Health Association)**

**Date / theme:** Friday 26 May - Global health emergencies and response

**Time:** 10h15 until 11h15 (GMT+01:00) Paris (*organisers' local time*)  
(*please check your equivalent time zone [here!](#)*)

**Event type:** Lecture

**Event format:** In-person

**Description:** Infant Feeding During Disasters - a short lecture with discussion will be held as part of the Student Scientific Conference of Ruse University. Assist. Prof. Daniela Lyutakova, RM, IBCLC will talk with students about the importance of breastfeeding and keeping dyads together and safe during disasters. Approaches towards safe infant feeding will be explained. The floor will be open for discussion afterwards.



**Hosting country:** Bulgaria  
**Specific location(s):** <https://fb.me/e/PBGTvNGT>  
**Language(s):** Bulgarian  
**Reach:** Local  
**Organisers:** - Ruse University "Angel Kanchev", Bulgarian Public Health Association

**For registration and further information please contact the event organisers directly:**

Website: <https://fb.me/e/PBGTvNGT>  
Contact email: [dlyutakova@uni-ruse.bg](mailto:dlyutakova@uni-ruse.bg)  
Contact info: Daniela Lyutakova  
Social media: <https://www.facebook.com/ZdravniGrizhiRuse>

**70. [HW193 - Mental Health Online Campaign](#) (*Ruse University "Angel Kanchev", Bulgarian Public Health Association*)**

**Date / theme:** Monday 22 May - Mental health for all  
**Time:** 9h00 until 17h00 (GMT+01:00) Paris (*organisers' local time*)  
(*please check your equivalent time zone [here!](#)*)  
**Event type:** Campaign  
**Event format:** Online only  
**Description:** A series of posts on the department's FB page, which outline main guidelines for good mental health for our students, intended for distribution within our local community. The series will emphasize the importance of mental health care in periods of stress – how to cope with work related stress and trauma, and will encourage students to actively work on their mental health wellness and seek qualified help if necessary. Basic tips for self-help and maintaining good mental health will be shared.

**Hosting country:** Bulgaria  
**Specific location(s):** <https://fb.me/e/PBGTvNGT>  
**Language(s):** Bulgarian  
**Reach:** Local  
**Organisers:** Ruse University "Angel Kanchev", Bulgarian Public Health Association

**For registration and further information please contact the event organisers directly:**

Website: <https://www.facebook.com/ZdravniGrizhiRuse>  
Contact email: [dlyutakova@uni-ruse.bg](mailto:dlyutakova@uni-ruse.bg)  
Contact info: Daniela Lyutakova  
Social media: <https://www.facebook.com/ZdravniGrizhiRuse>

**71. [HW195 - Prevention Strategies - Interactive Discussion with Students](#) (*- Ruse University "Angel Kanchev", Bulgarian Public Health Association, Prof. Ivanichka Serbezova, Assoc. Prof. Despina Georgieva*)**

**Date / theme:** Thursday 25 May - Prevention and control of chronic diseases

**Time:** 10h00 until 12h00 (GMT+01:00) Paris (*organisers' local time*)  
(*please check your equivalent time zone [here!](#)*)

**Event type:** Panel discussion, Networking event

**Event format:** Online only

**Description:** This panel discussion will outline the most important prophylactic and screening strategies for public health. We will be sharing basic information for the most common tests and prophylactic activities. Our goal is to raise more awareness on the necessity for timely prophylaxis. We will upload online quizzes that students and followers can use to their knowledge on the matter.

**Hosting country:** Bulgaria

**Specific location(s):** <https://fb.me/e/PBGTvNGT>

**Language(s):** Bulgarian

**Reach:** Local

**Organisers:** - Ruse University "Angel Kanchev", Bulgarian Public Health Association, Prof. Ivanichka Serbezova, Assoc. Prof. Despina Georgieva

**For registration and further information please contact the event organisers directly:**

Website: <https://fb.me/e/PBGTvNGT>

Contact email: [dlyutakova@uni-ruse.bg](mailto:dlyutakova@uni-ruse.bg)

Contact info: Daniela Lyutakova

Social media: <https://www.facebook.com/ZdravniGrizhiRuse>