



**CELEBRATING
HEALTHY POPULATIONS
13-17 MAY 2019**



**Join the first ever European
Public Health WEEK!**

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Българска асоциация по общественно здраве

Планирани и регистрирани събития на БАОЗ в сайта на EUPHA - www.eupha.org

Понеделник 13 май 2019

1. Интервю на доц. Гена Грънчарова по БНР „Хоризонт“ с представяне на целите и обхвата на Европейската седмица на общественото здраве

Event type:	In-person
Title:	Overview of EPHW 2019 on BNRadio
Description:	It is an interview by Assoc. prof. Gena Grancharova, president of Bulgarian Public Health Association at the news emissions of Bulgarian National Radio "Horizont". An overview of the aims and content of EUPHA activities during the first ever EPHW 2019 will be presented and the events undertaken by BPHA.
Format:	and Interview
Start / end:	10 minutes since 8:00 till 12:00 in the news on BNRadio (organisers' local time)
Location:	Bulgaria
Specific location(s):	Pleven
Reach:	National
Language(s):	Bulgarian
Website:	http://bnr.bg/horizont
Getting involved:	Assoc. prof. Dr Gena Grancharova, BPHA, e-mail: gena_grancharova@hotmail.com
Institutions:	Bulgarian Public Health Association, Bulgarian national radio "Horizont"

2. Спортен празник в МУ-Плевен „Студентите в МУ-Плевен – в различни физически активности“, организиран от катедра „Физикална медицина, рехабилитация, ерготерапия и спорт“, Факултет „Обществено здраве“ Начало 16:00 Място: Спортен комплекс „Проф. Недко Кючуков“



Европейска СЕДМИЦА на общественото здраве
13-17 май 2019
ЗА ПО-ЗДРАВИ ОБЩНОСТИ

**Понеделник 13 май:
БЪДЕТЕ ФИЗИЧЕСКИ
АКТИВНИ**

Програма:

Демонстрация по Шотокан карате-до
Демонстрация на спортни игри -
представителните отбори на МУ-Плевен
-Мъжки отбор по баскетбол 3x3
-Женски отбор по волейбол

Спортни турнири:
-Баскетбол 3x3
-Волейбол
-Бадминтон

Финал: Бягане на дълго разстояние за
всички участници



**Мото на деня:
"I like to move it, move it."**

НАШАТА ИНИЦИАТИВА В МУ-ПЛЕВЕН

Място: Спортен комплекс
"Проф. Недко Кючуков"

Начало: 16:00



Event type:	In-person
Title:	Medical students' in different physical activities
Description:	Different activities for students are planned by Department of rehabilitation and sports: Shotokan Karate Do demonstration; sport games and tournaments in basketball, volley-ball, badminton; to finish all students will undertake a long-distance race around the city with EUPHW logos in order to raise awareness of Pleven community in physical activity
Format:	and sport games and tournament
Start / end:	16:00-19:00 Bulgarian time (- 1 CET) (organisers' local time)
Location:	Bulgaria
Specific location(s):	Pleven
Reach:	Local
Language(s):	Bulgarian
Getting involved:	gena_grancharova@hotmail.com
Institutions:	ВРНА; Department of physical medicine, rehabilitation, ergotherapy and sports at the Faculty of Public Health; students' associations at the Medical University of Pleven

3. Интервю по телевизия „Зетра“ на доц. Таня Мегова, член на БАОЗ, Факултет „Обществено здраве“, катедра „Физикална медицина, рехабилитация, ерготерапия и спорт“ на тема „Физическата активност - предпоставка за качеството на живот“

Event type: Online & In-person
Title: Physical activity as a prerequisite for the quality of life
Description: It's a livestreaming telebroadcast on TV; about the role of physical activity for the quality of life. Assoc. prof. Tanya Megova, member of BPHA, specialist in medical rehabilitation, will discuss the problem with a journalist. The telecast will be viewed by general population in five Northern Central Bulgaria counties.
Format: and TV interview
Start / end: 21:00-22:00 Bulgarian time (- 1 CET) (organisers' local time)
Location: Bulgaria
Specific location(s): Pleven
Reach: Local
Language(s): Bulgarian
Website: <http://zetramedia.com/?cat25>
Getting involved: gena_grancharova@hotmail.com
Institutions: Bulgarian Public health Association, Faculty of Public health, Medical University of Pleven

4. Спортен празник в РУ „Ангел Кънчев“ – „Физическа активност, здраве и енергия във всички възрасти“, организиран от доц. Искра Илиева, член на БАОЗ

Event type: In-person
Title: PHYSICAL ACTIVITY, HEALTH AND ENERGY IN ALL AGES
Description: Organizers of the event Assoc. prof. Iskra Ilieva, member of BPHA, specialist in Physical Activity, Physical Education and Sports. Beginning with Aerobic, Gaming Games-students from specialty "Preschool and primary school pedagogy"; lecturers, employees and their children; Demonstrative: basketball- 10-12 year old DUNAV 2016 players with coaches J. Radeva, R. Rusev; football- parents and children - FC "Ariston", coach Chief Ass. Dr. K. Simeonov; Archery for all ages - JAMBO 2006 - coach J. Djambazov.
Format: Game, Campaign
Start / end: 17:00-19:00 Bulgarian time (- 1 CET) (organisers' local time)
Location: Bulgaria
Specific location(s): Ruse, University of Ruse
Reach: Local
Language(s): Bulgarian
Website: <https://www.facebook.com/events/2156514951136402/>
Institutions: BPHA, University of Ruse - Prof. Club "Fitness, Health, Tonus.", Department Physical Education and Sport, SC "Akademik; Department Pedagogy, Psychology and History; STCC "Akademik" – Ruse, Sportive climbing; Student Council; SC Basketball "Dunav 2016" – Ruse; SC Football Ariston" – Ruse; SC Archery "Djambo"-Ruse

5. Спортен празник в Медицински факултет – Стара Загора, организиран от катедра „Медицинска рехабилитация и ерготерапия, физикална медицина и спорт“ – доц. Руска Паскалева, член на БАОЗ

Event type: In-person
Title: Physical Activity and Sports for All
Description: The event includes football, volleyball and basketball tournaments for the students in the specialties "Medicine", "Medical rehabilitation and ergotherapy" and "Social activities" at the Faculty of Medicine – Stara Zagora. It is also open for all other students at the Thracian University - Stara Zagora.
Format: and sport games and tournaments
Start / end: 15:30-18:30 (- 1 CET) (organisers' local time)
Location: Bulgaria
Specific location(s): Stara Zagora
Reach: Local
Language(s): Bulgarian
Website: Medical Faculty at TU-Stara Zagora
Getting involved: Assoc. prof. Ruska Paskaleva, Chair of the Department of Medical Rehabilitation and Ergotherapy, Physical Medicine and Sport, member of BPHA, email: ruska.paskaleva@trakia-uni.bg
Institutions: Medical Faculty at TU-Stara Zagora, Departments "Medical Rehabilitation and Ergotherapy, Physical Medicine and Sport" and "Social Medicine and Health management, Bulgarian Public Health Association

6. Стара Загора – „Студентите от Медицински колеж – промотори на физическата активност“, организатор проф. Христина Милчева, Директор на МК и член на БАОЗ

Event type: In-person
Title: Medical college students - promoters of physical activity
Description: It is an organised students' walk from the Medical college building along the streets of the city to the famous park "Aazmoto". Students will have flyers in Bulgarian with the motto of the day "I like to move it, move it" The aim is to promote physical activity among citizens.
Format: Walk
Start / end: 1.00 - 3.00 p.m. Bulgarian time (local time of the organisers) (organisers' local time)
Location: Bulgaria
Specific location(s): Stara Zagora
Reach: Local
Language(s): Bulgarian
Website: www.uni-sz.bg
Getting involved: medcol@abv.bg; kmollova@abv.bg
Institutions: Trakia University, Medical College, Bulgarian Public Health Association

7. Два семинара с ученици от основния курс на гимназия „Св. Св. Кирил и Методий“, град Козлодуй по проблемите на физическата активност, организиран от студента по медицина в МУ-Плевен Деян Мирославов, 2-ри курс

Event type: In-person
Title: Sport – lost of time or investment in our health?

Description: It's an event organized by a student in medicine Deyan Miroslavov from the Medical University of Pleven. The seminar will be in his town's school with 12-13 years old children focused on the importance of physical activity and its advantages for health. Children will participate with questions and personal opinion.

Format: Seminar

Start / end: 12:00–13:30p.m. Bulgarian time (organisers' local time)

Location: Bulgaria

Specific location(s): Kozloduy

Reach: Local

Language(s): Bulgarian

Getting involved: dmiroslavov@abv.bg

Institutions: Students' Association at the medical University of Pleven, Secondary School "St. St. Cyril & Methodius" at the town of Kozloduy with the support of Bulgarian Public Health Association

8. Флаш-моб "I like move it, move it", организиран от "Trifonov Dance Academy", Плевен с участието на студенти от МУ-Плевен – очаква се поява на регистрацията на сайта на ЕУРНА

Event type: In-person

Title: We like to move it, move it

Description: The event is going to take place on the city centre square. We will show some easy dance moves which the audience will follow. And we're going to have fun being physically active.

Format: and Flashmob

Start / end: 16:00 - 18:00 Bulgarian time (organisers' local time)

Location: Bulgaria

Specific location(s): Pleven

Reach: Local

Language(s): Bulgarian

Getting involved: ina.nik986@gmail.com

Institutions: Student Council of Medical University - Pleven, Trifonov Dance Academy, Bulgarian Public Health Association

9. Семинар и обучителна програма на тема „Физическа активност и рехабилитация за профилактика на остеопороза“ от Доц. Борислава Чолакова и проф. Христина Милчева, Медицински факултет и Медицински колеж на ТУ-Стара Загора, членове на БАОЗ

Date / theme: Monday 13 May - Becoming, being and remaining physically active

Title: Physical activity and rehabilitation for prevention of osteoporosis

Description: Conducting a planned training and rehabilitation program among women at risk of osteoporosis

Format: Seminar, Walk and training program

Start / end: 10:00-13:00 (organisers' local time)

Location: Bulgaria
Specific location(s): Stara Zagora, Trakia University, Medical College
Reach: Local
Language(s): български
Getting involved: Borislava Chakarova (borislavachakarova@gmail.com); Hristina Milcheva (hr_mil4eva@abv.bg)
Institutions: Trakia University - Stara Zagora, Bulgaria, Medical Faculty and Medical College

Вторник 14 май 2019

10. Лекция и семинар на тема „Пушенето и употребата на наргиле – факти, заблуди и рискове“ с ученици от 8-ми клас и други ученици от Училището по транспорт в гр. Пловдив от Доц. Елка Тосева, катедра „Хигиена и екомедицина“ и Доц. Росица Димова, катедра „Здравен мениджмънт и икономика на здравеопазването, ФОЗ, МУ-Пловдив

Date / theme: Tuesday 14 May - Healthy environments
Title: Smoking and hookah`s usage-facts, delusions and risks
Description: Assist. Prof. Elka Toseva, MD, PhD and Assoc. Prof. Rositsa Dimova MD, PhD, members of BPHA, and Vili Nacheva, Head Expert at Regional Health Inspectorate, will discuss the problem among students of 8th grade. The event is open for all other students at the National Art High School in Plovdiv
Format: Lecture, Seminar
Start / end: 14:30-15:30 Bulgarian time (- 1 CET) (organisers' local time) (organisers' local time)
Location: Bulgaria
Specific location(s): National Art High School “Tzanko Lavrenov” – Plovdiv, Bulgaria
Reach: Local
Language(s): Bulgarian
Getting involved: Assist. prof. Elka Toseva, MD, PhD, BPHA, e-mail: elka_toseva@abv.bg and assoc. prof. Rositsa Dimova MD, PhD, BPHA, e-mail: ros_dimova@yahoo.com; and Vili Nacheva, Head Expert at Regional Health Inspectorate, e-mail: vili_natcheva@abv.bg; National Art High School “Tzanko Lavrenov” - Plovdiv
Institutions: Department of Hygiene and Ecomedicine and Department of Health Management and Health Economics at the Faculty of Public Health, Medical University of Plovdiv; Regional Health Inspectorate of Plovdiv; Bulgarian Public Health Association

Сряда 15 май 2019

11. Научно-практическа конференция „За по-добро здраве на местно ниво“, организирана от БАОЗ-клон Плевен съвместно с община Плевен Време – 13:00 – 16:00 Място: Телекомуникационен център на МУ-Плевен – зала „Амброаз Паре“

Четвъртък 16 май: ЗА ПО-ДОБРО ЗДРАВЕ НА МЕСТНО НИВО

НАУЧНО-ПРАКТИЧЕСКА КОНФЕРЕНЦИЯ ПО ИЗСЛЕДВАНИЯ В ОБЛАСТТА НА ОБЩЕСТВЕННОТО ЗДРАВЕ, ДОБРИ ПРАКТИКИ, ИНОВАЦИИ В ПОЛИТИКИТЕ НА ОБЩИНСКО НИВО

Организирана в сътрудничество между Община Плевен, Медицински университет – Плевен, Факултет „Обществено здраве“ и Българската асоциация по общественото здраве

ЦЕЛ НА КОНФЕРЕНЦИЯТА:

Да насърчи по-доброто здраве на местно ниво в подкрепа на първата по рода си Европейска седмица на общественото здраве.

МЯСТО: МЕДИЦИНСКИ УНИВЕРСИТЕТ – ПЛЕВЕН,
 ТЕЛЕКОМУНИКАЦИОНЕН ЦЕНТЪР,
 ЗАЛА „АМБРОАЗ ПАРЕ“



Четвъртък 16 май 2019

Програма

ПРЕДСЕДАТЕЛСТВАЩ: ДОЦ. Д-Р ГЕНА ГРЪНЧАРОВА - ПРЕДСЕДАТЕЛ НА УС
 НА БЪЛГАРСКАТА АСОЦИАЦИЯ ПО ОБЩЕСТВЕНО ЗДРАВЕ

12:30-13:00	Регистрация на участниците
13:00-13:20	Откриване: Доц. д-р Г. Грънчарова Поздравителни адреси: Кметове на общини
13:20-13:40	Общият профилактичен преглед на възрастните от задължителния пакет дейности на ОПЛ – състояние и тенденции - Доц. д-р П. Стефанова, дм, Директор на РЗОК - Плевен
13:40-14:00	Здраве в градовете – „Вие сте там, където живеете“ - П. Кирова, дм, Секретар на Община Плевен
14:00-14:20	Подобряване на качеството на живот чрез изграждане на мрежи от интегрирани здравно-социални услуги в общността и домашна среда - М. Василева – Началник отдел в Община Ловеч
14:20-14:40	Представяне на дейността на Комплекс за здравно-социални услуги – М. Сотирова – Директор на КЦЗСУ – гр. Търговище
14:40-15:00	Представяне на Превантивно-информационен център - К. Божикова – Председател на Общински съвет по наркотични вещества – гр. Плевен
15:00-15:20	Представяне на Регионален център за ранна интервенция на уврежданията - Д. Славейкова – Директор на РЦРИУ – гр. Плевен
15:20-15:50	Изказвания и дискусия
15:50-16:00	Обобщение на деня

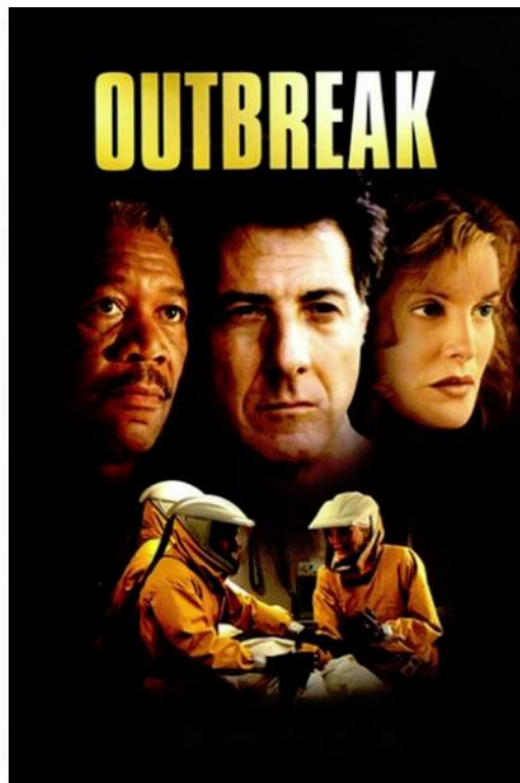
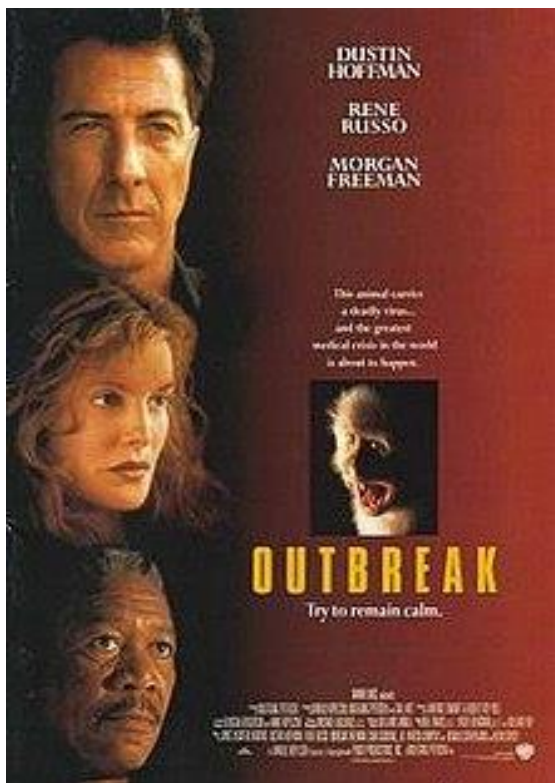
Event type:	In-person
Title:	Better Health at local level
Description:	It's a small-scale conference oriented to prevention in out-patient care and care provided by local medico-social centres to vulnerable groups (children with disabilities, speech and hearing problems, pregnant women, etc.). Members of Public Health Committee at the National Association of Municipalities and local decision-makers will participate in discussions.
Format:	Conference
Start / end:	13:00-17:00 Bulgarian time (- CET) (organisers' local time)
Location:	Bulgaria
Specific location(s):	Pleven
Reach:	Local
Language(s):	Bulgarian
Getting involved:	gena_grancharova@hotmail.com
Institutions:	Pleven Municipality; Bulgarian Public Health Association

12. **Прожекция и обсъждане на филма „OUTBREAK - ЗАРАЗА“ за студенти АЕО и БЕО от всички специалности**

Продукция на Warner Brothers с участието Dustin Hoffman, Rene Ruso, Morgan Freeman – на английски с субтитри на български

Начало: 18:00

Зала „Амброаз Парев“



Event type: In-person
 Title: Public Health Ethics: movie evening
 Description: The movie "Outbreak" will be screened addressing key Public Health Ethics issues: harm principle, control of infectious diseases and others. After the movie, these problems will be discussed with all participants.
 Format: and Film screening
 Start / end: 18:00 Bulgarian time (-1 CET) (organisers' local time)
 Location: Bulgaria
 Specific location(s): Pleven, Medical University - Pleven
 Reach: Local
 Language(s): Bulgarian and English
 Getting involved: assist. prof. Atanas Anov, PhD; e-mail: atanas.anov@gmail.com
 Institutions: Bulgarian Public health Association, Faculty of Public health, Medical University - Pleven; Association of Medical Students in Bulgaria (Pleven); Students' counsel of Medical University - Pleven.

13. РУ „Ангел Кънчев“, Факултет „Обществено здраве и здравни грижи“ - семинар на тема „Рискови фактори за здравето“, организиран от Проф. Иваничка Сербезова, член на БАОЗ, с участието на специалисти от Регионалната здравна инспекция - Русе

Event type: In-person
 Title: Health Risk Factors
 Description: This seminar discusses health literacy and its association with better health outcomes. Main health risk factors are described and effective strategies for avoiding them are to be formulated. Lecturers include doctors from the

Department of Disease Prevention and Health Promotion, Ruse and student nurses and midwives will actively participate.

Format: Seminar
Start / end: 10:00-13:00 (GMT+3) (organisers' local time)
Location: Bulgaria
Specific location(s): Ruse, University of Ruse
Reach: Local
Language(s): Bulgarian
Getting involved: Free access. Faculty of Public Health and Health Care, University of Ruse, organiser: Department of Health Care, Prof. Ivanichka Serbezova: iserbezova@uni-ruse.bg
Institutions: University of Ruse "Angel Kanchev", Regional Health Inspectorate, Ruse

14. РУ „Ангел Кънчев“, Факултет „Обществено здраве и здравни грижи“, катедра „Здравни грижи“ - семинар на тема „Здраве на жените: профилактика“, организиран от проф. Иваничка Сербезова, член на БАОЗ

Event type: In-person
Title: Women`s Health: Prophylaxis
Description: The seminar discusses prevention in healthcare and aims to raise awareness about oncological diseases in women. Students will participate with informative presentations. During the event information will be given to students and local women considering self breast examination; Optimal health services for women with oncological diseases and effective strategies for prevention will be discussed.

Format: Seminar
Start / end: 13:00-16:30 (GMT+3) (organisers' local time)
Location: Bulgaria
Specific location(s): Ruse, University of Ruse
Reach: Local
Language(s): Bulgarian
Website: <https://www.facebook.com/events/424669574965545/>
Getting involved: Free access. Nurses and midwives at the Faculty of Public Health and Health Care, University of Ruse. Contact: Prof. Ivanichka Serbezova: iserbezova@uni-ruse.bg
Institutions: Faculty of Public Health and Health Care, University of Ruse, Department of Health Care

15. Серия от лекции на тема „Рискови фактори за хроничните незаразни заболявания“ на специалисти от НЦОЗА в конференция по време на „Булмедика-Булдентал Експо“ – очаква се поява на регистрацията на сайта на ЕУРНА

Event type: In-person

Title: Risk factors and prevention of noncommunicable diseases
Description: Leading experts from the National Centre of Public Health and Analysis, members of BPHA, prof. Veselka Duleva (national consultant), Ivelina Kamel, R.Chaparova, V.Velikova will share their current research data on risk factors for noncommunicable diseases and their prevention with medical specialists from all over the country attending a larger-scale event Bulmedica-Bul dental Expo.
Format: and Series of lectures
Start / end: 09:00-15.00 p.m. Bulgarian time (- 1CET) (organisers' local time)
Location: Bulgaria
Specific location(s): Sofia
Reach: National
Language(s): Bulgarian
Getting involved: m.vladimirova@ncpha.government.bg
Institutions: National Centre of Public Health and Analyses, Bulgarian Public Health Association

16. Кампания на тема „ Пилотно скринингово изследване на жени в риск за остеопороза“ с клинично-лабораторни тестове и остеоденситометрична оценка

Date / theme: Wednesday 15 May - Care 4 Care
Title: pilot screening study of women at risk of osteoporosis
Description: Preparing a preventive program for improving the quality of life of persons at the risk of osteoporosis. Pilot study among women at risk of osteoporosis with clinical-laboratory findings and osteodensitometric assay.
Format: Campaign
Start / end: 10:00-13:00 (organisers' local time)
Location: Bulgaria
Specific location(s): Stara Zagora, Trakia University, Medical College
Reach: Local
Language(s): български
Getting involved: Borislava Chakarova (borislavachakarova@gmail.com); Hristina Milcheva (hr_mil4eva@abv.bg)
Institutions: Medical Faculty and Medical College, Trakia University - Stara Zagora, Bulgaria

17. Лекция с видеофилм на тема „Сексуално и репродуктивно здраве в тинейджърска възраст“ с ученици от 8-ми до 12-ти клас от Професионално училище по транспорт в гр. Пловдив от Доц. Елка Тосева, катедра „Хигиена и екомедицина“ и Доц. Росица Димова, катедра „Здравен мениджмънт и икономика на здравеопазването, ФОЗ, МУ-Пловдив

Date / theme: Wednesday 15 May - Care 4 Care
Title: Sexual and Reproductive Health in Teenagers
Description: The questions related to the safety sexuality, sexual relationships and sexually transmitted infections will be discussed among students from the 8th to the 12th grade. A lecture and video/films will be used. The event is open for all other students at the Vocational High School of Transport in Plovdiv.
Format: Lecture and Video/Films

Start / end: 14:30-15:30 Bulgarian time (- 1 CET) (organisers' local time) (organisers' local time)
Location: Bulgaria
Specific location(s): Plovdiv
Reach: Local
Language(s): Bulgarian
Getting involved: Assoc. Prof. Rositsa Dimova MD, PhD, BPHA, e-mail: ros_dimova@yahoo.com; Assist. prof. Elka Toseva, MD, PhD, BPHA, e-mail: elka_toseva@abv.bg; Vili Nacheva, Head Expert at Regional Health Inspectorate, e-mail: vili_natcheva@abv.bg; National Art High School "Tzanko Lavrenov" - Plovdiv
Institutions: Department of Health Management and Health Economics and Department of Hygiene and Ecomedicine at the Faculty of Public Health, Medical University of Plovdiv; Regional Health Inspectorate of Plovdiv; Bulgarian Public Health Association (BPHA)

Четвъртък 16 May 2019

18. Интервю по телевизия „Зетра“ на доц. Ваня Бирданова, член на БАОЗ, катедра „Хигиена, медицинска екология, професионални болести и медицина на бедствените ситуации“, Факултет „Обществено здраве“ на тема „ Здравословно хранене и качество на живот“

Event type: Online & In-person
Title: Healthy diets and quality of life
Description: It's a livestreaming tele broadcast on TV about the role of healthy diets for the quality of live. Assoc. prof. Vanya Birdanova, BPHA member, specialist in hygiene and nutrition, will discuss the problem with a journalist. The telecast will be viewed by general population in five Northern Central Bulgaria counties.
Format: and TV interview
Start / end: 21:00-22:00 Bulgarian time (- 1 CET) (organisers' local time)
Location: Bulgaria
Reach: Local
Language(s): Bulgarian
Website: <http://zetramedia.com/?cat25>
Getting involved: gena_grancharova@hotmail.com
Institutions: Bulgarian Public Health Association, Faculty of Public Health, MU-Pleven

19. Среща-разговор на студенти-медици 2-ри курс с ученици от основно училище „Васил Левски“ по проблемите на здравословното хранене и профилактиката на затлъстяването 12:15-13:00 в сградата на училище „Васил Левски“

Event type: In-person
Title: Healthy dietary practices for school-age children

Description: Eight medical students within the subject "Health promotion" will visit a primary school in Pleven and encourage pupils aged 10 to 13 in acquiring habits in healthy eating. Students will discuss advantages of healthy diet, what causes overweight and obesity, consequences for health and preventive measures in school age.

Format: and Series of lectures

Start / end: 12:15-13:45 p.m. Bulgarian time (- 1 CET) (organisers' local time)

Location: Bulgaria

Specific location(s): Pleven

Reach: Local

Language(s): Bulgarian

Website: n/a

Getting involved: msaleva@abv.bg

Institutions: Faculty of Public Health, MU-Pleven, event organized by Mrs Milena Saleva, member of BPHA, chair of the School Advisory Council, Primary school "Vasil Levski" – Pleven with a Director Mrs Tanja Toneva, Bulgarian Public Health Association

20. Интервю по BTV Радио на проф. Веселка Дулева, национален консултант по хранене и диетика, началник отдел „Храни и хранене“ в НЦОЗА, член на БАОЗ, на тема „ Политики за здравословно хранене“

Event type: In-person

Title: Healthy Nutrition Policies

Description: Prof. Veselka Duleva (national consultant, NCPHA, BPHA) will be interviewed on the National BTV radio on the concept and policy for healthy nutrition. She will stress on the key points of the European and national strategic health nutrition priorities. Policy recommendations will be suggested for elaboration of national healthy nutrition programme.

Format: and radio interview

Start / end: 14.30-16.30 p.m. Bulgarian time (-1 CET) (organisers' local time)

Location: Bulgaria

Specific location(s): Sofia

Reach: National

Language(s): Bulgarian

Website: www.btvradio.bg

Getting involved: m.vladimirova@ncpha.government.bg

Institutions: National Centre of Public Health and Analyses, Bulgarian Public Health Association, BTV radio,

21. Лекция пред студенти и медицински специалисти за ролята на храненето в превенцията на хроничните незаразни заболявания, организирана от доц. Дарина Найденова, член на БАОЗ, специалист по хранене и диетика, катедра „Хигиена и епидемиология“, факултет „Обществено здравеопазване“, МУ-Варна

Event type: In-person
Title: Food, nutrition and health
Description: Assoc. prof. Darina Naydenova, BPHA member, specialist in nutrition and dietetics, will present a lecture about the the role of nutrition in the prevention of chronic non-infectious diseases. This lecture is intended for students and health professionals.
Format: Lecture
Start / end: 16:00-17:30 Bulgarian time (- 1 CET) (organisers' local time) (organisers' local time)
Location: Bulgaria
Specific location(s): Varna
Reach: Local
Language(s): Bulgarian
Website: n/a
Institutions: Department of Hygiene and Epidemiology, Faculty of Public Health, Medical University of Varna, Bulgarian Public Health Association

22. Безплатни консултации по хранене и диетика за възрастни и деца в МЦ Provita, Rangelife OOD, Imessa EOOD, организирани от доц. Лалка Рангелова, НЦОЗА, отдел „Храни и хранене“, член на БАОЗ

Event type: In-person
Title: Campaign “(A healthy diet within planetary boundaries
Description: Assoc. prof. Lalka Rangelova will provide free nutrition and dietetics consultations for children and adults under the motto A healthy diet within planetary boundaries on 16-th May, dedicated to Sustainable and healthy diets within the framework of the European Public health Week, which also held in Bulgaria.
Format: Campaign
Start / end: 16.May.2019,9.00-17.00(BG time) (organisers' local time)
Location: Bulgaria
Specific location(s): "Sofia,Medical Center PROVITA
Reach: Local
Language(s): Bulgarian
Website: <https://rangelife.bg/>
Getting involved: <https://rangelife.bg/>, Sofia, 66 Montevideo street, Medical Center Provita,Google Maps
Institutions: NCPHA, BPHA,Medical Center Provita, Rangelife OOD, Imessa EOOD

23. Интервю по телевизия СКАТ с доц. Лалка Рангелова, НЦОЗА, отдел „Храни и хранене“, член на БАОЗ в предаването „Здравословно“ на проф. Христо Деянов –

Event type: In-person
Title: Healthy nutrition and diets in all ages
Description: It's an interview on National TV SKAT lead by prof. Hristo Deyanov who will discuss on live the problems of healthy nutrition and diets with assoc. prof. Lalka Rangelova (nutrition expert from NCPHA, BPHA member). The president of BPHA assoc. prof. Grancharova will take part in interview by mobile call.

Format: and TV interview
Start / end: 18.30-19.30 p.m. Bulgarian time (-1CET) (organisers' local time)
Location: Bulgaria
Specific location(s): Sofia
Reach: National
Language(s): Bulgarian
Website: www.skat.bg
Getting involved: m.vladimirova@ncpha.government.bg
Institutions: National Center of Public Health and Analyses,Bulgarian Public Health Association,TV SKAT"ZDRAVOSLOV

24. Лекция на тема „Промоция на здравето: профилактично гранене срещу остеопороза“ при жени в риск за остеопороза от Доц. Борислава Чолакова и проф. Христина Милчева, Медицински факултет и Медицински колеж на ТУ-Стара Загора

Date / theme: Thursday 16 May - Sustainable and healthy diets
Title: Health promotion: prophylactic feeding opposite osteoporosis
Description: Conducting lecture among women at risk of osteoporosis for life style, useful and harmful foods for the development of osteoporosis as socially significant disease for deteriorating quality of life
Format: Lecture
Start / end: 10:00-11:00 (organisers' local time)
Location: Bulgaria
Specific location(s): Stara Zagora, Trakia University, Medical College
Reach: Local
Language(s): български
Getting involved: Borislava Chakarova (borislavachakarova@gmail.com); Hristina Milcheva (hr_mil4eva@abv.bg)
Institutions: Trakia University - Stara Zagora, Bulgaria, Medical Faculty and Medical College

Петък 17 май 2019

25. Фестивал „Спорт, море и здраве“ с конференция и интензивна спортна програма за студенти, академичен състав и приятели от дневен център за лица с увреждания, организиран от Факултет „Обществено здравеопазване“, МУ-Варна, втори по численост клон на БАОЗ

Event type: In-person
Title: Festival „Sport, Sea and Health“
Description: The Festival „Sports, sea and health“; will take place in two days 17 and 18 th of May 2019 and includes scientific, art and intensive sports programme. We plan an yachting course, photo exhibition, scientific session, paneurythmy evet, thalassotherapy; healing and preventive gymnastics; relay games; water gymnastics; sports and entertaining games at the beach; dance sport by the sea; cleaning the beach and many others.

Format: Conference and Intensive sports programme for students, academic staff and friends from a day centre for disabled
Start / end: 10:00h- 17:30h; 18.05.2019 - 10:00 - 16:00h CET (organisers' local time)
Location: Bulgaria
Specific location(s): Varna
Reach: Local
Language(s): Bulgarian
Website: <https://www.facebook.com/seaandhealth/>
Getting involved: dekanat_foz@mu-varna.bg; klaradokova@gmail.com

26. Кръгла маса по проблемите на психичното здраве, организирана от д-р Александър Тодоров, специализант по психиатрия и медицинска психология, с участието на студенти от различни специалности на МУ-Плевен

Event type: In-person
Title: Challenges and problems in mental health among young people
Description: Mental health is an essential aspect of life, determining social functioning of young people. Some psychological problems are often underestimated and can easily deteriorate into psychiatric disorders. Stress is a leading cause for many anxiety disorders - the phenomenon #FOMO being experienced very often by young people.
Format: Roundtable discussion
Start / end: 13.00 - 14.30 (-1 CET) (organisers' local time)
Location: Bulgaria
Specific location(s): Pleven
Reach: Local
Language(s): Bulgarian
Getting involved: Aleksandar Todorov, MD, Medical University - Pleven, Faculty of Public Health, Department of Psychiatry and medical psychology <http://mu-pleven.bg/index.php/bg/>
Institutions: BPHA, Faculty of Public Health, Students' associations at MU-Pleven